Patricia Lindqvist

ACTIVITIES DIRECTOR

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Summary

Activities director with 12 years in long-term care, leading the life enrichment department of a 160-bed skilled nursing and memory care campus. Manages a team of 6 and 40 volunteers, owns MDS Section F and activity care plans, and keeps the department deficiency-free through state surveys while protecting resident confidentiality.

Skills

- Activity Programming
- MDS Section F
- Care Plans
- Memory Care
- Staff Management
- Volunteer Management
- Budget Management
- State Survey Compliance
- Excel
- Interpersonal Skills

Experience

Activities Director 04/2020 - Present

Lake Nokomis Health Campus Minneapolis, MN

160-bed skilled nursing, rehabilitation and memory care campus.

- Lead a department of **6** activity professionals and 40 volunteers covering programs 7 days a week.
- Oversee MDS Section F assessments and care plans for 160 residents, completing 100% on time.
- Achieve zero activity-related deficiencies across 5 annual state surveys since 2020.
- Manage a $42,000 budget and cut supply costs 15% through bulk orders and donated materials.

Activities Coordinator 06/2016 - 03/2020

Riverside Grove Senior Living St. Paul, MN

Assisted living and memory care community with 120 residents.

- Built a memory care program of sensory, music and Montessori-based activities for **48** residents.
- Trained 25 nursing assistants to engage residents with dementia during evening hours.
- Organized intergenerational programs with 2 elementary schools, running 30 visits a year.
- Produced monthly calendars and family newsletters in Word and Excel for 120 residents.

Activities Assistant 08/2014 - 05/2016

Harbor Lane Care Center Bloomington, MN

100-bed long-term care center.

- Led **4** daily group programs for long-term care residents, from exercise to bingo.
- Drove the 12-passenger bus on 6 outings a month with a clean driving record.
- Documented participation in the electronic record for every resident after each shift.

Education

Bachelor of Science 05/2014

Minnesota State University, Mankato Mankato, MN

Recreation, Parks and Leisure Services

Certificates

Activity Director Certified (ADC)

National Certification Council for Activity Professionals

10/2018

Certified Dementia Practitioner (CDP)

National Council of Certified Dementia Practitioners

05/2019