

SUMMARY

Activity aide at a 120-bed skilled nursing center with 2 years of experience serving older adults in long-term care. Leads group activities and memory care visits in English and Spanish, posts activity calendars in both languages, logs participation accurately and adjusts plans with patience and flexibility when residents' needs change.

SKILLS

Group Activities • Memory Care • Sensory Stimulation • Activity Documentation • Activity Calendars
Wheelchair Transfers • Diet Orders • Spanish • Patience • Flexibility

EXPERIENCE

Activity Aide05/2025 - Present

Saguaro Ridge Nursing and RehabilitationTucson, AZ

120-bed skilled nursing and rehabilitation center.

- Lead 5 group activities a day, including bingo, chair exercise and bilingual music sessions for residents.
- Deliver sensory stimulation visits to 18 memory care residents who rarely leave their rooms or join groups.
- Coordinate wheelchair transport to and from programs, averaging 25 safe transfers a shift with nursing staff.
- Complete activity documentation after each program, ready for quarterly MDS care plan reviews.

Dietary Aide08/2024 - 04/2025

Catalina Foothills Assisted LivingTucson, AZ

Assisted living community with 70 residents.

- Served meals to 70 residents per shift while following texture-modified and diabetic diet orders.
- Shared resident preferences and routines with the activity team, shaping 4 new weekly programs.
- Prepared snack carts for afternoon socials, birthday parties and holiday events of up to 90 guests.
- Maintained kitchen sanitation logs that passed 2 county health inspections without findings.

EDUCATION

High School Diploma05/2024

Pueblo High SchoolTucson, AZ

CERTIFICATES

Heartsaver CPR AED First Aid

American Heart Association

04/2025