

MEGAN CASTILLO

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📍 Joplin, MO

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SKILLS

- Injury Evaluation
- Taping
- Bracing
- Rehabilitation
- NCAA Rules and Regulations
- HIPAA
- Emergency Action Plan
- CPR/AED
- Communication
- Organizational Skills

CERTIFICATES

Certified Athletic Trainer (ATC)

Board of Certification for the Athletic Trainer

06/2025

Missouri Licensed Athletic Trainer

Missouri Board of Registration for the Healing Arts

07/2025

CPR/AED for the Professional Rescuer

American Red Cross • 06/2025

SUMMARY

Assistant Athletic Trainer with 3 years of hands-on care in NCAA Division II and high school athletics, now covering football and women's soccer. BOC-certified, Missouri-licensed and current in CPR/AED. Handles injury evaluation, taping and bracing, rehabilitation and HIPAA-compliant records, and follows NCAA rules and regulations on every medical file.

EXPERIENCE

Assistant Athletic Trainer

Riverbend University • Joplin, MO • 07/2025 - Present

NCAA Division II program with 14 varsity sports and 380 athletes.

- Manage daily care for **110** football and women's soccer athletes, from pre-practice taping and bracing to post-game treatment.
- Evaluate sideline injuries and refer athletes to team physicians, scheduling 90% of specialist visits within 48 hours.
- Design rehabilitation plans for 25 post-surgical and in-season injuries, updating coaches on progress every week.
- Track physicals, concussion baselines and insurance forms against NCAA rules and regulations before each season opens.

Graduate Assistant Athletic Trainer

Hillsborough Bay Academy • Tampa, FL

08/2023 - 05/2025

Graduate assistantship covering a private high school's 18-sport program.

- Covered football, wrestling and basketball for 300 student-athletes under the head athletic trainer's supervision.
- Applied pre-game taping and padding for an average of 40 athletes before Friday night games.
- Rehearsed the emergency action plan with coaches and EMS at 6 venues each season.

EDUCATION

Master of Science

University of South Florida • Tampa, FL • 05/2025

Athletic Training