Rosa Martinez

Assistant Cook

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SUMMARY

Assistant Cook with 2 years of kitchen work, now supporting the head cook at a senior living community that serves 180 residents three meals a day. Handles food preparation from standardized recipes, safe food handling techniques and the sanitation schedule. Courteous with residents and staff and organized on busy holiday menus.

EXPERIENCE

Assistant Cook

08/2025 - Present

Willow Creek Senior Living

Columbus, OH

Senior living community with independent living, assisted living and memory care dining rooms.

- Produce soups, sides and desserts for **540** resident meals a day from standardized recipes.
- Assemble puree and mechanical soft plates for 35 residents on special diets, matching each diet card.
- Record cooler, freezer and hot-holding temperatures 4 times a day with no missed entries in 2026.
- Complete the daily sanitation checklist for every station; the kitchen passed its state inspection with zero critical findings.

Crew Member

06/2024 - 07/2025

Short North Burrito Co.

Columbus, OH

Fast-casual restaurant near campus serving 400 to 600 orders a day.

- Cooked rice, beans and grilled proteins in 20-pan batches using timers and cooking techniques set by the manager.
- Built 120+ orders an hour on the line during lunch rush with accurate portions.
- Stocked the cold line and logged food handling temperatures at opening and mid-shift.
- Trained 5 new crew members on the prep list, the knife policy and allergen procedures.

SKILLS

- **Food Preparation**
- **Food Handling Techniques**
- **Sanitation**
- **Food Safety**
- **Standardized Recipes**
- **Special Diets**
- **Cooking Techniques**
- **Courteous**
- **Organizational**

EDUCATION

High School Diploma

Columbus Alternative High School

Columbus, OH

05/2024

CERTIFICATES

ServSafe Food Handler

National Restaurant Association

07/2025