

Marcus Bellamy

Assistant Football Coach

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SUMMARY

Assistant football coach with 3 varsity seasons coaching defensive backs and 2 years running a youth league defense. Teaches coaching techniques built on footwork, tackling fundamentals and film breakdown in Hudl, and writes weekly scouting reports for the defensive coordinator. Follows AHSAA state and league regulations on practice limits and heat safety.

EXPERIENCE

Assistant Football Coach 07/2024 - Present
Riverchase Prep Academy Hoover, AL

Defensive backs coach for a Class 5A varsity program of 68 players and an 11-person staff, plus JV game days.

- Coach **12** defensive backs in press, zone and tackling fundamentals, holding opponents to 171 passing yards a game.
- Break down 3 opponent games a week in Hudl and turn their tendencies into scouting reports for the coordinator.
- Script 25-minute position periods in the weekly practice planning sheet, with 6 drills rebuilt after film review.
- Run strength and conditioning sessions for 20 underclassmen 3 mornings a week, logging lifts and attendance.

Defensive Coordinator 08/2022 - 06/2024
Magic City Youth Football League Birmingham, AL

Volunteer defensive coordinator for a 12U tackle team of 28 players in a 14-team league while in college.

- Installed a 4-3 defense and weekly practice plans, finishing 9-2 and reaching the league semifinal in 2023.
- Taught safe, shoulder-led tackling to 28 players, with no concussions reported over 2 seasons.
- Organized 3 parent meetings each season on schedules, equipment fitting and league rules.
- Mentored 2 first-year volunteer coaches on drill setup and sideline communication during games.

SKILLS

- Coaching Techniques
- Tackling Fundamentals
- Defensive Back Technique
- Film Breakdown (Hudl)
- Scouting Reports
- Practice Planning
- Strength and Conditioning
- State and League Regulations
- Communication Skills
- Leadership

EDUCATION

Bachelor of Science
University of Montevallo
Physical Education
Montevallo, AL
05/2024

CERTIFICATES

Fundamentals of Coaching
National Federation of State High School Associations (NFHS)
06/2024

Concussion in Sports
National Federation of State High School Associations (NFHS)
06/2024

First Aid, CPR and AED
American Red Cross
06/2024