

Rachel Dunn

// Barre Instructor

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> SUMMARY

Barre instructor with 3 years teaching barre, barre burn and barre stretch classes at a boutique studio, after 2 years teaching youth ballet. Teaches 9 classes a week of 18-25 clients, cues isometric holds and alignment with professionalism, and does class planning around playlists that keep every section on the beat.

> SKILLS

• Barre • Isometric Holds • Choreography • Class Planning • Alignment • Modifications • Ballet
• Music Selection • CPR/AED • Professionalism

> EXPERIENCE

Barre Instructor

09/2023 - Present

Old Town Barre Studio

Scottsdale, AZ

Boutique barre studio with 500 members and 55 weekly classes.

- Teach **9** barre classes a week of 18-25 clients, holding an 88% average fill rate.
- Design 50-minute class plans with warm-up, thigh, seat and core sections, refreshing choreography every 6 weeks.
- Coach alignment with verbal and hands-on cues, offering modifications for prenatal and knee-injury clients.
- Train 3 new instructors through a 6-week studio apprenticeship before their first solo class.

Dance Instructor

05/2021 - 08/2023

Paradise Valley Dance Academy

Phoenix, AZ

Youth dance school with 300 students; part-time during college.

- Taught 6 weekly ballet classes for 60 students ages 6 to 14.
- Staged 3 recital pieces a year for groups of 12-20 dancers.
- Enrolled 80 students in summer camps in 2022 while running the front desk on weekends.

> EDUCATION

Bachelor of Fine Arts

05/2023

Arizona State University

Tempe, AZ

Dance

> CERTIFICATES

Barre Above Instructor Certification

08/2023

Barre Above

CPR/AED

04/2026

American Red Cross