Samantha Liu

Behavioral Health Consultant

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SUMMARY

Behavioral health consultant and North Carolina LCSW with 5 years in integrated primary care and outpatient therapy. Sees 10 to 14 patients a day in 30-minute visits using brief interventions, motivational interviewing and CBT, and works with physicians on behavioral medicine for diabetes, chronic pain and insomnia.

SKILLS

- **Brief Interventions**
- **Motivational Interviewing**
- **CBT**
- **Behavioral Medicine**
- **PHQ-9**
- **Psychosocial Assessment**
- **Safety Planning**
- **Psychoeducation**
- **Treatment Planning**
- **Case Management**

EXPERIENCE

Behavioral Health Consultant

02/2023 - Present

Triangle Family Medicine Associates

Raleigh, NC

Primary care practice with 4 clinics, 38 providers and integrated behavioral health.

- Complete **12** same-day consults a day from warm handoffs, most within 15 minutes of the physician's request.
- Administer PHQ-9 and GAD-7 screens to 900 patients a month and follow up each positive result within 2 weeks.
- Deliver brief interventions and psychoeducation for insomnia, chronic pain and diabetes self-management skills.
- Build safety planning with patients at suicide risk and arrange case management for 25 psychiatric referrals a month.

Outpatient Therapist

07/2021 - 01/2023

Capital Area Counseling

Durham, NC

Community mental health agency serving Medicaid and uninsured adults.

- Counseled a caseload of 32 adults with depression, anxiety and trauma using evidence-based treatments.
- Wrote diagnosis, psychosocial assessment and treatment planning records for 8 new clients a month.
- Applied motivational interviewing with clients who used alcohol, raising group attendance by 30%.
- Partnered with 2 psychiatric providers on medication follow-up for 60 shared clients.

MSW Intern

09/2020 - 05/2021

Wake Community Health Clinic

Raleigh, NC

Graduate field placement in a community health center.

- Conducted 200 brief behavioral health visits with adult primary care patients.
- Co-facilitated a 6-week diabetes support group for 10 patients.
- Recorded PHQ-9 scores and visit notes in the EHR for weekly supervisor review.

EDUCATION

Master of Social Work

University of North Carolina at Chapel Hill

Clinical Social Work

Chapel Hill, NC

05/2021

CERTIFICATES

Licensed Clinical Social Worker (LCSW)

10/2023

North Carolina Social Work Certification and Licensure Board