

Christopher Dunn

BEHAVIORAL HEALTH COUNSELOR

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SUMMARY

Behavioral health counselor and Kentucky LPCC with 5 years of counseling on inpatient psychiatric and residential substance use units. Leads groups, family counseling and patient education for 12 to 16 patients at a time, uses crisis intervention and evidence-based practices, and starts discharge planning on the first day of each stay.

SKILLS

Other Skills: Counseling, Crisis Intervention, Family Counseling, Patient Education, Discharge Planning, Evidence-Based Practices, Crisis Management, Relapse Prevention, Excel, Written and Verbal Communication Skills

EXPERIENCE

Behavioral Health Counselor 05/2023 - Present
Ohio Valley Behavioral Hospital Louisville, KY

Psychiatric hospital with 110 adult and adolescent beds.

- Counsel **12 to 16** adult inpatients a day through individual sessions, process groups and coping skills groups.
- Lead family counseling meetings for 20 families a month to prepare for each patient's return home.
- Teach patient education classes on medication, relapse warning signs and sleep, reaching 400 patients in 2025.
- Complete discharge planning with psychiatrists and case managers, raising kept 7-day follow-up visits to 82%.

Licensed Professional Counselor Associate 06/2021 - 04/2023
Derby City Recovery Center Louisville, KY

28-day residential program for alcohol and opioid use disorders.

- Counseled 18 clients at a time with alcohol and opioid use disorders.
- Facilitated 3 daily relapse prevention and life skills groups for up to 14 residents.
- Applied crisis management steps during 25 on-unit incidents a year with no injuries to staff or clients.
- Tracked group attendance and outcome scores in Excel for monthly reports to the program director.

Counseling Intern 08/2020 - 05/2021
Highlands Community Counseling Louisville, KY

Graduate internship at an outpatient counseling center.

- Counseled 9 adult outpatients a week under LPCC supervision.
- Co-facilitated a 10-week anger management group for 8 men.
- Wrote 30 intake summaries with risk screens reviewed by the clinical director.

EDUCATION

Master of Education 05/2021
University of Louisville Louisville, KY
Clinical Mental Health Counseling

CERTIFICATES

Licensed Professional Clinical Counselor (LPCC) 08/2023
Kentucky Board of Licensed Professional Counselors