

Jordan Ellis

Behavioral Health Technician

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📍 Tampa, FL

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SKILLS

Crisis Intervention ●

De-escalation Techniques ●

Safety Rounds ●

Coping Skills Groups ●

EHR ●

HIPAA ●

Confidentiality ●

Microsoft Office ●

Compassion ●

Communication Skills ●

EDUCATION

Associate in Arts 05/2024

Hillsborough Community College

Tampa, FL

Psychology

CERTIFICATES

CPR and First Aid 01/2025

American Red Cross

Nonviolent Crisis Intervention

03/2025

Crisis Prevention Institute (CPI)

SUMMARY

Behavioral Health Technician with 2 years on an adult acute psychiatric unit and a residential substance use program, keeping a safe, structured milieu for up to 24 patients a shift. Uses de-escalation techniques and crisis intervention to calm rising situations, documents every observation in the EHR and protects confidentiality under HIPAA.

EXPERIENCE

Behavioral Health Technician 03/2025 - Present

Bayshore Behavioral Hospital Tampa, FL

24-bed adult acute unit in a 96-bed psychiatric hospital.

- Complete **15-minute** safety rounds on 24 patients and record each check in the EHR.
- Apply de-escalation techniques with agitated patients, helping cut restraint and seclusion events by 30% in 2025.
- Facilitate 3 daily coping skills groups and community meetings alongside nurses and therapists.
- Monitor meals, hygiene and sleep, and report changes in mood or behavior to the charge nurse at handoff.
- Respond to unit behavioral codes as part of a 4-person crisis intervention team on day shift.

Residential Technician 08/2024 - 02/2025

Gulf Coast Recovery Center Clearwater, FL

Residential substance use treatment program for 40 adult clients.

- Supervised 40 residents on evening shifts, completing hourly census and room checks.
- Observed self-administered medications and logged each dose on the MAR with no errors in 7 months.
- Searched incoming belongings and visitor items for contraband under program policy.
- Transported clients to 12 outside medical and court appointments a week with a valid Florida driver's license.