

Jordan Fairbanks

BEHAVIORAL HEALTH THERAPIST

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SUMMARY

Behavioral health therapist and Missouri LPC with 5 years of counseling adults, children and families in community behavioral health. Manages a caseload of 38, completes psychosocial assessments and treatment planning, runs psychoeducation groups and crisis intervention, and coordinates case management with psychiatry and primary care.

EXPERIENCE

Behavioral Health Therapist

03/2023 - Present

Heartland Community Behavioral Health

Kansas City, MO

Certified community behavioral health clinic serving 6,000 clients a year.

- Counsel a caseload of **38** adults with depression, anxiety and trauma, holding 30 sessions a week.
- Complete psychosocial assessments for 10 new clients a month and finish treatment plans within 14 days.
- Facilitate weekly psychoeducation groups on anxiety and sleep, averaging 11 attendees.
- Respond to crisis intervention calls on rotation, stabilizing 90% of clients without hospitalization.

Therapist (PLPC)

06/2021 - 02/2023

Northland Family Counseling

Liberty, MO

Outpatient counseling practice serving children and families.

- Delivered individual and family therapy to 25 children and parents a week.
- Coordinated care with schools and Children's Division workers for 12 families.
- Documented sessions in the EHR under HIPAA rules with a 98% on-time rate.
- Organized a monthly parent education night attended by 20+ caregivers.

Graduate Counseling Intern

08/2020 - 05/2021

Midtown Counseling Collective

Kansas City, MO

Graduate internship at a nonprofit outpatient counseling center.

- Counseled 10 adult clients a week under LPC supervision.
- Administered PHQ-9 and GAD-7 screenings at intake and every 4 sessions.
- Co-facilitated a 10-week grief support group for 7 members.

SKILLS

Counseling

Treatment Planning

Crisis Intervention

Case Management

Psychosocial Assessments

Psychoeducation

Family Therapy

PHQ-9

HIPAA

Time Management Skills

EDUCATION

Master of Arts

05/2021

University of Missouri-Kansas City

Kansas City, MO

Clinical Mental Health Counseling

CERTIFICATES

Licensed Professional Counselor (LPC)

07/2023

Missouri Committee for Professional Counselors