

Ethan Caldwell

Cafe Assistant

Cafe Assistant with 2 years in a bakery cafe and a deli kitchen, supporting a 40-seat Back Bay cafe that serves 350 guests on weekends. Handles espresso drinks, drip coffee brewing, food prep and catering setup, works the POS system, and brings steady customer service while studying nutrition part-time.

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EXPERIENCE

Cafe Assistant

06/2025 - Present

Back Bay Bakery and Cafe

Boston, MA

- Support 2 baristas on weekend shifts of up to 350 guests, making espresso drinks and refilling drip coffee brewing stations.
- Complete food prep for sandwiches, salads and toast boards before the 7 a.m. open, finishing 45 items in 90 minutes.
- Set up catering orders of coffee boxes and pastry trays for 6 to 10 office clients a week.
- Operate the POS system and cash drawer on weekday afternoons, closing with drawers within \$2 on 96% of shifts.

Kitchen Helper

09/2024 - 05/2025

Fenway Deli and Catering

Boston, MA

- Prepared deli platters and boxed lunches for catering orders of 20 to 150 people.
- Washed dishes and sanitized prep areas to food safety standards between 3 daily production runs.
- Labeled and stored deliveries using first-in, first-out rotation in 2 walk-in coolers.
- Packed and checked 15 to 25 catering orders a day against tickets before drivers left, with no missed items reported.



CERTIFICATES

ServSafe Food Handler

09/2024

National Restaurant Association

Allergen Awareness Training

06/2025

Massachusetts Department of Public Health



SKILLS

Espresso Drinks
Drip Coffee Brewing
Food Prep
Catering Setup
POS System
Cash Drawer
Food Safety
Sanitation
FIFO Rotation
Customer Service



EDUCATION

Bachelor of Science

05/2028

University of
Massachusetts Boston
Boston, MA
Nutrition