Rachel Nguyen

Cardiology Nurse Practitioner

Cardiology nurse practitioner with 8 years of advanced practice in heart failure, general cardiology and inpatient consults, after 5 years as a CVICU nurse. Handles heart failure management, atrial fibrillation and post-procedure care, ECG interpretation, echocardiogram review and anticoagulation management. Brings strong clinical judgment and clear communication skills to patients and cardiologists.

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Houston, TX

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Experience

Cardiology Nurse Practitioner
03/2021 - Present

Bayou City Heart & Vascular — Houston, TX

Cardiology group with 15 cardiologists and 2 hospital service lines.

- Run the heart failure clinic, seeing **18** patients a day and titrating guideline-directed medical therapy.
- Cut 30-day heart failure readmissions from 21% to 14% with 7-day post-discharge visits and weight-call protocols.
- See 12 inpatient consults on daily rounds, reviewing telemetry and imaging and writing Epic consult notes.
- Train 6 new advanced practice providers on cardiology protocols and order sets.

Cardiology Nurse Practitioner
06/2018 - 02/2021

Gulf Coast Cardiology Associates — Sugar Land, TX

Outpatient general cardiology practice.

- Managed anticoagulation for 350 patients with atrial fibrillation, keeping 72% of warfarin patients in range.
- Completed pre-procedure evaluation for 25 cardiac catheterizations and ablations each week.
- Ran cardiac device follow-up for 400 patients with pacemakers and defibrillators, reviewing remote checks weekly.

Registered Nurse
05/2013 - 05/2018

Memorial Heights Medical Center — Houston, TX

Cardiovascular intensive care unit.

- Cared for 1-2 post-open-heart patients per shift, managing drips, chest tubes and balloon pumps.
- Served as relief charge nurse for a 20-bed CVICU.
- Trained 10 nurses on arrhythmia recognition and telemetry alarms as the unit monitoring super-user.

Certificates

Adult-Gerontology Acute Care Nurse Practitioner (AGACNP-BC)
07/2018

American Nurses Credentialing Center

APRN License with Prescriptive Authority
08/2018

Texas Board of Nursing

Advanced Cardiovascular Life Support (ACLS)
04/2026

American Heart Association

Skills

- Heart Failure Management
- ECG Interpretation
- Echocardiogram Review
- Anticoagulation Management
- Cardiac Device Follow-Up
- Telemetry
- Pre-Procedure Evaluation
- Epic
- Clinical Judgment
- Communication Skills

Education

Master of Science in Nursing (MSN)
05/2018

UTHealth Houston Cizik School of Nursing

Houston, TX

Adult-Gerontology Acute Care Nurse Practitioner