KIMBERLY TRAN

CERTIFIED MASSAGE THERAPIST

CONTACT

kimberly.tran@email.com

(916) 555-0127

Sacramento, CA

linkedin.com/in/kimberlytrancmt

SKILLS

- Massage Therapy
- Swedish Massage
- Deep Tissue
- Myofascial Release
- Trigger Point Therapy
- Sports Massage
- SOAP Notes
- Anatomy
- Customer Service
- Communication Skills

EDUCATION

Diploma 05/2022

National Holistic Institute

Emeryville, CA

Massage Therapy (1,000 hours)

CERTIFICATES

Certified Massage Therapist (CMT)

06/2022

California Massage Therapy Council

Massage and Bodywork Licensing Examination (MBLEx)

05/2022

Federation of State Massage Therapy Boards

CPR and First Aid

04/2026

American Red Cross

SUMMARY

California Certified Massage Therapist (CAMTC) with 4 years of experience in a sports recovery clinic and a wellness center. Uses deep tissue, myofascial release and trigger point therapy to treat chronic pain, sports injuries and desk-related tension. Keeps detailed treatment records and works well with chiropractors and physical therapists on shared care plans.

EXPERIENCE

Certified Massage Therapist 02/2024 - Present

Capitol Sports & Recovery Sacramento, CA

Sports recovery clinic serving runners, cyclists and 3 local club teams.

- Perform **26** sports massage and recovery sessions a week for runners, cyclists and club athletes.
- Combine myofascial release and trigger point therapy, cutting client-reported pain scores by 3 points on average.
- Partner with 2 physical therapists on post-injury care plans for about 40 clients a year.
- Chart each session and treatment change in SOAP notes within 1 hour of the appointment.

Massage Therapist 07/2022 - 01/2024

Midtown Wellness Collective Sacramento, CA

Wellness center offering massage, acupuncture and yoga.

- Delivered 25 Swedish massage and deep tissue sessions a week to wellness center clients.
- Built a regular list of 70 clients, with 65% booking monthly or more often.
- Customized pressure and positioning for older adults and clients with arthritis or limited mobility.
- Sanitized tables, linens and tools between 6–8 daily sessions to county health standards.

Front Desk Associate (Part-Time) 01/2021 - 05/2022

Bay Body Balance Oakland, CA

Part-time job at a massage and acupuncture clinic during massage school.

- Scheduled about 50 massage and acupuncture appointments a day by phone and online.
- Processed payments and package renewals for 1,100 active clients.
- Answered client questions on massage options and matched them with the right therapist.