

Keisha Barnes

Certified Nursing Assistant (CNA)

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Summary

Certified Nursing Assistant with 2 years in skilled nursing and home care, caring for up to 12 residents per shift on a long-term care hall. Skilled in activities of daily living, patient transfers, vital signs and infection control, with communication skills that keep nurses and families informed of every change in condition.

Experience

Certified Nursing Assistant (CNA) 09/2024 - Present

Desert Bloom Health and Rehabilitation Phoenix, AZ

- Deliver personal care for **12 residents** per shift, including bathing, dressing, grooming, toileting and feeding assistance at meals.
- Complete patient transfers with gait belts and mechanical lifts, with no resident falls on the assigned hall during 2025.
- Record vital signs, weights and intake and output in PointClickCare, passing all 4 quarterly charting audits without a correction.
- Report changes in condition to the charge nurse within 10 minutes, catching 3 early urinary tract infections in 2025.

Home Care Aide 06/2023 - 08/2024

Valley Home Companions Mesa, AZ

- Supported 4 elderly clients at home with bathing, toileting, light meal preparation and daily medication reminders.
- Followed infection control steps such as hand hygiene, glove use and surface cleaning, with no client infections in 14 months.
- Logged visit notes in the agency app after each 4-hour shift and updated family members by phone every week.
- Guided clients through range-of-motion exercises from their physical therapist, showing compassion and patience on hard days.

Education

Certificate 05/2023

GateWay Community College Phoenix, AZ
Nursing Assistant

Skills

- Activities of Daily Living (ADLs)
- Patient Transfers
- Vital Signs
- Infection Control
- Intake and Output
- PointClickCare
- Personal Care
- Feeding Assistance
- Communication Skills
- Compassion

Certificates

Certified Nursing Assistant (CNA)

06/2023

Arizona State Board of Nursing

Basic Life Support (BLS) CPR

02/2026

American Heart Association