Kendra Ashford

Certified Registered Nurse Anesthetist (CRNA)

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Certified Registered Nurse Anesthetist with nearly 5 years of practice delivering general, regional and monitored anesthesia care for about 900 cases a year. Covers general surgery, orthopedics, urology, GYN and endoscopy, with strong airway management and ultrasound-guided nerve blocks. Brings 3 prior years as a cardiovascular ICU nurse and steady clinical judgment in the OR.

Experience

Certified Registered Nurse Anesthetist (CRNA)

Trinity Valley Anesthesia Associates • Dallas, TX

03/2024 - Present

Anesthesia group staffing 2 hospitals and 3 ambulatory surgery centers in north Dallas.

- Administer general, regional and monitored anesthesia care for about **900** cases a year across 5 sites.
- Conduct pre-anesthetic assessments on 15 to 20 patients a day and set anesthesia care plans with the anesthesiologist.
- Perform 40+ ultrasound-guided nerve blocks a month for orthopedic and podiatry cases, lowering PACU opioid doses 25%.
- Manage difficult airways with video laryngoscopy and fiberoptic intubation, with no unplanned reintubations in 2025.

Staff CRNA

Lone Star Regional Medical Center • Fort Worth, TX

01/2022 - 02/2024

400-bed teaching hospital and Level II trauma center.

- Delivered anesthesia for **1,100+** cases in general surgery, urology, GYN, ENT and GI endoscopy.
- Documented each case in Epic Anesthesia with drug totals, vitals and patient responses, passing 100% of chart audits.
- Precepted 6 student registered nurse anesthetists on regional anesthesia, airway skills and pharmacology.
- Responded to 30+ rapid response and airway emergency calls a year while covering night shifts.

Registered Nurse, Cardiovascular ICU

Lone Star Regional Medical Center • Fort Worth, TX

06/2016 - 07/2019

24-bed cardiovascular intensive care unit.

- Managed **1 to 2** critically ill patients per shift on ventilators, vasoactive drips and arterial lines.
- Titrated sedation and pain management orders for 20+ post-cardiac surgery patients a month.
- Trained 4 new graduate nurses on CVICU drips, early extubation steps and post-op recovery protocols.

Skills

Anesthesia Care Plans
Airway Management
Regional Anesthesia
Monitored Anesthesia Care
Ultrasound-Guided Nerve Blocks
Pain Management
Pharmacology
Epic Anesthesia
Clinical Judgment
Communication Skills

Education

Master of Science

Texas Wesleyan University
Fort Worth, TX
12/2021
Nurse Anesthesia

Certificates

Certified Registered Nurse Anesthetist (CRNA)

NBCRNA • 01/2022

BLS, ACLS and PALS

American Heart Association
08/2025

Texas APRN License (CRNA)

Texas Board of Nursing
01/2022