

REBECCA LINDGREN

CERTIFIED SURGICAL FIRST ASSISTANT

CONTACT

@ rebecca.lindgren@email.com

☎ (801) 555-0129

🏠 Salt Lake City, UT

🌐 linkedin.com/in/rebeccalindgren

SKILLS

- Suctioning
- Safe Tissue Handling
- Hemostasis
- Wound Closure
- Vein Harvesting
- Robotic Surgery
- Aseptic Technique
- Volume Replacement
- Critical Thinking Skills
- Attention to Detail

EDUCATION

Associate of Applied Science

05/2016

Salt Lake Community College

Salt Lake City, UT

Surgical Technology

CERTIFICATES

Certified Surgical First Assistant (CSFA)

05/2021

National Board of Surgical

Technology and Surgical

Assisting (NBSTSA)

Certified Surgical Technologist (CST)

06/2016

National Board of Surgical

Technology and Surgical

Assisting (NBSTSA)

Basic Life Support (BLS)

08/2025

American Heart Association

SUMMARY

Certified Surgical First Assistant with 10 years in surgery, the last 5 as a CSFA for cardiothoracic, general and robotic cases at a Level I trauma center. Provides exposure, suctioning, hemostasis and wound closure with safe tissue handling, and works under the direction of 6 surgeons.

EXPERIENCE

Certified Surgical First Assistant

06/2021 – Present

Wasatch Valley Medical Center

Salt Lake City, UT

Level I trauma center; first assistant for cardiothoracic, general and robotic services.

- Perform first-assist duties on 35 to 45 cardiothoracic, general and robotic cases a month for 6 surgeons.
- Conduct endoscopic harvesting of radial arteries and saphenous veins for 10 to 12 bypass cases a month.
- Control bleeding with cautery, clips and ties, and manage suctioning to keep open-heart fields clear.
- Complete layered wound closure on **400+** cases a year, with wound complications below 1%.

Certified Surgical Technologist

05/2016 – 05/2021

Bonneville Regional Hospital

Ogden, UT

Regional hospital with 14 ORs and an open-heart program.

- Scrubbed 50 cases a month, including open-heart, thoracic and vascular surgery.
- Drove the robotic camera and retracted tissue on **300+** robotic cases.
- Completed an accredited CSFA program while working full time, logging 350 first-assist cases.
- Precepted 10 surgical technology students from 2 colleges.

Patient Care Technician

06/2014 – 04/2016

Granite Peak Hospital

Murray, UT

Surgical step-down unit with 28 beds; part-time while in school.

- Cared for 8 post-surgical patients a shift, including vitals, ambulation and wound checks.
- Recorded vital signs and intake and output in the EHR for every patient.
- Reported changes in condition to nurses within minutes.
- Prepared 4 to 6 rooms a shift for new post-op admissions.