Courtney Vaughn

Clinical Nutrition Manager

Richmond, VA · (804) 555-0198 · courtney.vaughn@email.com · linkedin.com/in/courtneyvaughn

SUMMARY

Clinical Nutrition Manager with 13 years in clinical nutrition, including 10 years leading dietitians in acute care. Runs a team of 24 dietitians and diet technicians at a 600-bed teaching hospital, owns staffing plans, budget management and Joint Commission readiness, and uses quality improvement projects to raise malnutrition capture.

EXPERIENCE

Clinical Nutrition Manager

03/2021 - Present

James River Medical Center — Richmond, VA

600-bed teaching hospital and Level I trauma center.

- Manage **18** registered dietitians and 6 diet technicians covering inpatient, ICU and outpatient services.
- Raised malnutrition documentation capture from 1.9% to 5.6% of admissions with physicians and coding staff.
- Prepared the department for 2 Joint Commission surveys that closed with zero nutrition findings.
- Own budget management for a $2.4M labor budget, holding it within 1% for 4 years.
- Launched dietitian order-writing privileges, and 14 dietitians now write diet and tube feeding orders.

Lead Clinical Dietitian

05/2016 - 02/2021

Chesterfield Regional Hospital — Midlothian, VA

350-bed community hospital.

- Supervised **7** dietitians and scheduled coverage for 350 beds, 7 days a week.
- Led nutrition support rounds with the ICU team, cutting time to goal tube feeding from 72 to 36 hours.
- Directed a quality improvement project on NPO days that lowered average days without nutrition by 30%.

Clinical Dietitian

07/2013 - 04/2016

Hampton Roads Medical Center — Norfolk, VA

450-bed regional hospital.

- Completed nutrition assessments and medical nutrition therapy for **15** ICU and surgical patients a day.
- Precepted 10 dietetic interns from 2 university programs.
- Wrote 12 tube feeding protocols that the ICU nursing staff adopted as standard orders.

SKILLS

Clinical Nutrition

Medical Nutrition Therapy

Nutrition Support

Malnutrition Documentation

Quality Improvement

Joint Commission

Budget Management

Staffing Plans • Leadership

Communication Skills

EDUCATION

Master of Science

05/2013

Virginia Tech — Blacksburg, VA

Human Nutrition, Foods and Exercise

CERTIFICATES

Registered Dietitian Nutritionist (RDN)

Commission on Dietetic Registration

07/2013

Certified Nutrition Support Clinician (CNSC)

National Board of Nutrition Support Certification

10/2017