


Denise Okafor

Community Lactation Specialist

IBCLC-certified community lactation specialist with 8 years of experience reducing breastfeeding disparities in underserved urban communities. Managed a caseload of 150+ clients monthly across community health centers, WIC offices, and home visiting programs in Fulton and DeKalb counties. Increased breastfeeding duration at 6 months from 24% to 41% among program participants through culturally responsive education and peer support models.

 denise.okafor@email.com

 (404) 555-0319

 Atlanta, GA

 [linkedin.com/in/deniseokafor-ibclc](https://www.linkedin.com/in/deniseokafor-ibclc)

Experience

Community Lactation Specialist May 2019 - Present

Grady Health System Community Health Atlanta, GA

Lead community lactation specialist serving underserved families across 3 Atlanta-area clinic sites.

- Manage active caseload of 150+ community clients monthly across 3 clinic sites, achieving 87% client retention through 6-week postpartum period
- Increased breastfeeding duration at 6 months from 24% to 41% among program participants over 3-year period, surpassing Georgia state breastfeeding goals
- Design and deliver culturally adapted breastfeeding education for African American, Latina, and refugee populations in partnership with community health workers
- Facilitate weekly peer support group averaging 18 attendees; group participants show 2.3x higher breastfeeding continuation rates at 3 months vs. non-participants
- Coordinate with OB/GYNs, pediatricians, and social workers to address social determinants affecting breastfeeding success

Lactation Educator Aug 2016 - Apr 2019

DeKalb County Board of Health Decatur, GA

Delivered home-based lactation support to high-risk postpartum families through county home visiting program.

- Delivered home-based lactation support to 80+ high-risk postpartum families monthly through county home visiting program
- Developed 'Breastfeeding in Our Community' educational series in Spanish and English, reaching 300+ families annually
- Partnered with faith-based organizations to establish 5 church-based breastfeeding support groups in predominantly African American neighborhoods
- Reduced breastfeeding cessation before 8 weeks from 58% to 39% among home visiting program participants over 2-year period

Skills

Community Health

Outreach

Culturally Responsive

Education

Breastfeeding Disparity

Reduction

Peer Support Facilitation

Home Visiting Programs

WIC Coordination

Bilingual Education

(English/Spanish)

Program Evaluation

Education

Bachelor of Science in Public Health

May 2015

Spelman College Atlanta, GA

Public Health GPA: 3.6

Languages

English

Native

Spanish

Proficient



Certificates

International Board Certified Lactation Consultant (IBCLC)

2018

International Board of
Lactation Consultant
Examiners (IBLCE)

Gold-standard lactation
credential

Certified Health Education Specialist (CHES)

2017

National Commission for
Health Education
Credentialing (NCHEC)

National health education
certification

Community Health Worker (CHW)

2016

Georgia Department of
Human Resources

Georgia state CHW
certification