Eric Lundgren

CONCRETE CARPENTER

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Certificates

OSHA 30-Hour Construction Safety
OSHA Outreach Training Program
02/2024

Forklift Operator Certification
Washington Construction Safety Training
07/2022

Skills

Carpentry • Formwork • Layout
Blueprint Reading • Gang Forms
Shoring • Laser Level
Power Tools • Attention to Detail
Collaboration

Summary

Concrete Carpenter with 4 years building formwork for foundations, walls, columns and elevated decks on Seattle mid-rise and parking structures. Handles layout from drawings with a total station and laser, sets gang forms and shoring, and works closely with ironworkers and finishers. Holds an OSHA 30 card, forklift certification and a valid Washington driver license.

Experience

Concrete Carpenter 05/2023 - Present
Puget Formworks Seattle, WA
Concrete formwork subcontractor on mid-rise, hospital and transit projects.

- Build wall, column and deck formwork on **7** mid-rise projects, forming up to 12,000 square feet of deck per pour.
- Complete layout of walls, blockouts and embeds from blueprint reading, with no misplaced openings in 2 years.
- Set and fly gang forms and post shoring with crane crews, cutting deck cycle time from 6 days to 5.
- Verify plumb, line and elevation with a laser level before every pour, keeping walls within 1/4 inch.

Carpenter 06/2021 - 04/2023
Cascade Foundation Co. Tacoma, WA
Residential and light commercial foundation contractor.

- Formed footings, stem walls and retaining walls for 120 houses and 6 commercial buildings.
- Cut and assembled plywood and lumber forms with power tools, reusing 70% of form material.
- Installed anchor bolts, hold-downs and sleeves with attention to detail, passing 100% of inspections.
- Coordinated pour days with pump operators and finishers in close collaboration with the foreman.

Carpentry Pre-Apprentice 09/2020 - 05/2021
Seattle Vocational Institute Build Site Seattle, WA
Pre-apprenticeship construction training program.

- Completed 600 hours of hands-on carpentry and concrete knowledge training.
- Built 2 practice wall forms and a stair form from shop drawings.
- Passed 4 tool and rigging safety assessments before joining a contractor.

Education

Certificate 05/2021
Seattle Central College Seattle, WA
Construction Trades Pre-Apprenticeship