# Megan Ashby

## Culinary Aide

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## SUMMARY

Culinary aide in a 200-resident senior living community with a restaurant-style dining room, after a year on a fast-casual make line. Practices safe food preparation and food handling, plates meals to the chef's standard, and communicates clearly with residents and their family members about menus and allergens.

## SKILLS

- **Safe Food Preparation**
- **Food Handling**
- **Food Safety**
- **Plating**
- **Dish Machine**
- **Prep Lists**
- **Make Line**
- **Customer Service**
- **Attention to Detail**

## EXPERIENCE

### Culinary Aide

04/2026 - Present

Ballantyne Oaks Senior Living

Charlotte, NC

*Senior living community with independent and assisted living and a 120-seat dining room.*

- Handle plating for **180** lunches and dinners to the chef's photo spec, sending each order within 12 minutes.
- Produce salads, sandwiches and desserts for the bistro, using safe food preparation and date labels on each item.
- Respond to resident and family menu questions with customer service, logging 15+ allergen requests a week.
- Operate the dish machine after dinner and break down stations, closing the kitchen by 8 p.m. on 5 shifts a week.

### Crew Member

03/2025 - 03/2026

Queen City Bowls

Charlotte, NC

*Fast-casual grain bowl restaurant where about 70% of orders come in online.*

- Built **90+** bowls an hour on the make line, following food handling rules and portion guides.
- Prepped grains, roasted vegetables and sauces each morning from prep lists of about 30 items.
- Checked online orders against tickets before pickup, cutting missing-item complaints by half in 4 months.
- Rotated cooler stock and recorded temperatures twice a day for the store's food safety log, with attention to detail on dates.

## EDUCATION

### High School Diploma

Myers Park High School

Charlotte, NC

06/2024

## CERTIFICATES

**ServSafe Food Handler** 03/2025

National Restaurant Association

**CPR and First Aid** 05/2026

American Heart Association