

MARIA DELGADO

DENTAL ASSISTANT

CONTACT

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SKILLS

- Chairside Assisting
- Dental Radiography
- Infection Control
- Sterilization
- Vital Signs
- Dentrax
- HIPAA
- Patient Education
- Customer Service
- Attention to Detail

EDUCATION

Certificate 05/2025
Rio Salado College Tempe, AZ
Dental Assisting

CERTIFICATES

Radiation Health and Safety (RHS)

04/2025
Dental Assisting National Board (DANB)

Infection Control (ICE)

05/2025
Dental Assisting National Board (DANB)

BLS for Healthcare Providers

03/2025
American Heart Association

SUMMARY

Dental assistant with 2 years in dental offices, including 16 months of chairside assisting for 2 dentists at a busy Phoenix family practice. Takes and processes dental radiography, records vital signs and medical histories, and follows infection control and HIPAA rules with close attention to detail. Arizona radiography certified, CPR/BLS current and fluent in Spanish.

EXPERIENCE

Dental Assistant 06/2025 - Present
Desert Bloom Family Dentistry Phoenix, AZ
General and cosmetic practice with 2 dentists, 6 operatories and about 45 patients a day, many of them Spanish-speaking families.

- Deliver chairside assisting for **12-15** patients a day, passing instruments and keeping the field dry during fillings, crowns and extractions.
- Capture about 60 bitewing and periapical images a week under dental radiography safety rules, keeping retakes below 2% this year.
- Record vital signs and medical histories in Dentrax before each visit, flagging allergies and high blood pressure to the dentist.
- Coach patients on post-op care in English or Spanish; this patient education cut after-hours calls by about 20%.

Sterilization Technician (Part-Time) 09/2024 - 05/2025
Sonoran Smiles Dental Mesa, AZ
Part-time role in the sterilization center of a 4-dentist group practice while completing dental assisting school.

- Ran the sterilization center on Saturdays, turning over 30+ instrument cassettes a shift so no procedure ever waited on trays.
- Bagged, labeled and autoclaved instruments for 8 operatories, with weekly spore tests passing every time over 9 months.
- Logged infection control checks on waterlines, surface barriers and sharps containers, and the internal audit found no gaps.
- Confirmed 40+ next-day appointments per shift by phone and text, with friendly customer service that kept no-shows near 5%.