

Tiffany Nguyen

Dental Sterilization Technician

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SUMMARY

Dental sterilization technician with 2 years of experience in a 12-chair group dental practice. Runs instrument cleaning, ultrasonic baths, bagging and autoclave cycles, tracks spore testing results, and resets operatories between patients. Follows CDC and OSHA infection control guidelines, with attention to detail, a steady pace on busy hygiene days and friendly communication with the clinical team.

SKILLS

Dental Instrument Sterilization • Autoclave Operation • Ultrasonic Cleaning • Spore Testing • Infection Control
OSHA Bloodborne Pathogens • Operatory Setup • Instrument Inventory • Attention to Detail • Communication

EXPERIENCE

Dental Sterilization Technician

05/2025 - Present

River City Family Dental Group

Sacramento, CA

Group practice with 12 operatories, 4 dentists and 6 hygienists.

- Process **250+** instrument cassettes and handpieces a day through ultrasonic cleaning and 3 autoclaves.
- Run weekly spore tests and record every autoclave cycle, with no failed tests in 18 months.
- Set up 12 operatories between patients, including barriers, surface disinfection and waterline treatment.
- Track sterile instrument inventory and reorder pouches and indicators before stock drops below 2 weeks.
- Train 3 new dental assistants on the sterilization area flow from dirty to clean side.

Dental Office Assistant

09/2024 - 04/2025

Elk Grove Smiles Dentistry

Elk Grove, CA

Single-dentist family practice seeing 30 patients a day.

- Checked in 30 patients a day and confirmed insurance before each visit.
- Cleaned and bagged instruments for 4 operatories on short-staffed days.
- Prepared trays for exams, fillings and crowns from the daily schedule.
- Filed OSHA training records and Safety Data Sheets for the office binder.

EDUCATION

Certificate

08/2024

American River College

Sacramento, CA

Dental Assisting

CERTIFICATES

Infection Control (ICE) Certificate of Knowledge

Dental Assisting National Board (DANB)

11/2024

CPR / BLS for Healthcare Providers

American Heart Association

03/2026