ROSA DELGADO

DIETARY AIDE

CONTACT

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SUMMARY

Dietary aide at a 120-bed skilled nursing facility, serving residents on regular, mechanical soft and diabetic therapeutic diets. Follows food safety and sanitation procedures on every tray line, checks each tray against the diet card with attention to detail, and brings patience to work with the elderly at every meal.

SKILLS

- Food Safety
- Sanitation
- Therapeutic Diets
- Tray Line
- Portion Control
- Temperature Logs
- Dish Machine
- Customer Service
- Patience
- Attention to Detail

EDUCATION

High School Diploma
05/2023
Whetstone High School
Columbus, OH

CERTIFICATES

ServSafe Food Handler
09/2025
National Restaurant Association

CPR and First Aid
10/2025
American Red Cross

EXPERIENCE

Dietary Aide 08/2025 - Present
Maple Grove Health and Rehabilitation Columbus, OH
120-bed skilled nursing and rehab center with three meal services and two resident dining rooms.

- Assemble and plate **140** trays per meal on the tray line, matching each one to the resident's diet card and allergies.
- Deliver meal carts to 3 nursing units and pass trays within 20 minutes, so hot food reaches residents hot.
- Record fridge, freezer and steam table temperature logs twice a shift; the 2026 state survey found no dietary tags.
- Operate the dish machine and sanitize prep tables, carts and dining rooms, following sanitation and safety guidelines at every close.

Food Prep Worker 06/2023 - 07/2025
Northside Bagel Company Columbus, OH
Neighborhood bagel shop and deli serving breakfast and lunch to about 300 customers a day.

- Prepared sandwich fillings, sliced deli meats and cut produce for a **300**-customer morning rush, dating every container.
- Served customers at the counter with quick customer service, taking 60+ orders an hour during weekend peaks.
- Rotated walk-in cooler stock first-in, first-out and used portion control on spreads, cutting weekly food waste by about 15%.
- Trained 3 new part-time hires on slicer safety, handwashing and closing duties during their first week.