Gabriel Ortiz

DIETARY ASSISTANT

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SUMMARY

Dietary assistant at a 90-bed rehabilitation hospital, preparing and serving meals on texture-modified diets and cardiac diets. Follows written and oral instructions from the dietitian, delivers supplement passes and menu tallies on time, and brings patience and customer service to patients recovering from strokes and surgery.

SKILLS

Texture-Modified Diets • Supplement Passes • Menu Tallies • Tray Line • Portion Control • Food Safety Sanitation • Customer Service • Patience

EXPERIENCE

Dietary Assistant 10/2025 - Present

Desert Springs Rehabilitation Hospital Phoenix, AZ

90-bed inpatient rehab hospital serving three meals and two snack passes a day.

- Assemble **85** trays per meal on texture-modified, cardiac and renal diets, checking each against the dietitian's written orders.
- Deliver afternoon supplement passes and snacks to 3 units, recording intake for patients on calorie counts.
- Compile menu tallies from patient selections each morning, cutting overproduction on the tray line by 10%.
- Maintain tray-line surfaces, carts and 2 nourishment rooms each shift to food safety and sanitation rules.

Line Server 06/2023 - 09/2025

Arcadia Family Buffet Phoenix, AZ

Family buffet restaurant serving about 500 guests on Sundays.

- Portioned carved meats and sides on the hot line for **500** Sunday guests, using portion control to hold food cost.
- Replaced 14 buffet pans before they ran below a third, so lines kept moving through the after-church rush.
- Checked hot-holding temperatures every 2 hours and logged them for the manager's monthly food safety audit.
- Answered guest questions about ingredients and allergens with patience, passing special requests to the cooks.

EDUCATION

High School Diploma 05/2023

Camelback High School Phoenix, AZ

CERTIFICATES

Arizona Food Handler Card 06/2023

Maricopa County Environmental Services