Gloria Washington

DIETARY COOK

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Summary

Dietary Cook with 6 years in long-term care kitchens, now cooking for 140 residents at a skilled nursing and rehab center in Milwaukee. Prepares special diets and texture-modified meals from physician and dietitian orders, estimating food quantities for each meal. Keeps food safety and sanitation and temperature controls tight, and treats residents with patience and care.

Skills

- Special Diets
- Food Safety and Sanitation
- Temperature Controls
- Estimating Food Quantities
- Food Preparation
- Texture-Modified Diets
- Customer Service
- Patience
- Compassionate

Experience

Dietary Cook 04/2022 - Present

Lakeview Health & Rehabilitation Milwaukee, WI

Skilled nursing and short-term rehabilitation center with 140 beds.

- Handle breakfast and lunch production for **140** residents, including 45 on renal, diabetic or low-sodium special diets.
- Produce pureed and mechanical soft meals from the IDDSI chart, with zero texture errors on 2025 audits.
- Plan batch sizes by estimating food quantities from the daily census, cutting leftovers by about 20%.
- Record temperature controls for cooling, reheating and tray line holding at every meal for state surveys.

Cook 06/2020 - 03/2022

Brookside Assisted Living Wauwatosa, WI

Assisted living community with 85 apartments and a memory care neighborhood.

- Prepared 3 meals a day for 85 residents on a 4-week cycle menu with daily alternate choices.
- Adjusted recipes for 12 residents with food allergies and swallowing plans, working with the dietitian.
- Followed the cleaning schedule for food safety and sanitation, scoring 98% on internal kitchen audits.
- Visited dining rooms weekly to ask residents about the menu and passed feedback to the dietary manager.

Education

Certificate 05/2020

Milwaukee Area Technical College Milwaukee, WI

Culinary Arts

Certificates

ServSafe Manager

National Restaurant Association

02/2023

IDDSI Foundations

International Dysphagia Diet Standardisation Initiative

09/2022