Megan Holloway

Dietetic Technician

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SUMMARY

Dietetic Technician, Registered (NDTR) with 1 year of hospital experience completing nutrition screening, checking therapeutic diets and recording calorie counts, plus 2 years of part-time food service in senior living. Works closely with dietitians and nurses, documents clearly in the EHR, and explains diet orders to patients in plain language.

SKILLS

- **Nutrition Screening**
- **Therapeutic Diets**
- **Calorie Counts**
- **Texture-Modified Diets**
- **Diet Instruction**
- **EHR**
- **Food Safety**
- **Communication**
- **Interpersonal Skills**

EXPERIENCE

Dietetic Technician

07/2025 - Present

Prospect Heights Community Hospital

Arlington Heights, IL

250-bed community hospital with medical, surgical and cardiac units.

- Complete nutrition screening for **30** newly admitted patients a day and refer high-risk cases to the dietitian.
- Check meal trays against renal, cardiac and consistent carbohydrate therapeutic diets, catching 15+ errors a week.
- Chart calorie counts and food preference interviews for about 40 patients a week in the EHR.
- Teach basic diet instructions on low-sodium and diabetic diets to about 10 patients a week before discharge.

Diet Aide (Part-Time)

09/2023 - 06/2025

Lakeview Senior Living

Palatine, IL

120-resident assisted living and memory care community; part-time during school.

- Served 3 meals a day to **120** residents, following texture-modified diets and allergy orders.
- Logged refrigerator and freezer temperatures twice a shift, with zero food safety citations in 2 state inspections.
- Updated resident tray cards with diet changes from the dietitian within the same shift.
- Prepared pureed and mechanical soft meals for 25 memory care residents at each meal.

EDUCATION

Associate of Applied Science

Harper College

Dietetic Technician

Palatine, IL

05/2025

CERTIFICATES

Nutrition and Dietetics Technician, Registered (NDTR) 07/2025

Commission on Dietetic Registration

ServSafe Food Protection Manager 03/2024

National Restaurant Association