Michael Harrington

Electrical Superintendent

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SUMMARY

Electrical superintendent with 14 years in electrical construction, the last 4 overseeing 4 concurrent projects worth $38M in the Sacramento region. Owns scheduling, Procore documentation and change orders, and checks installations against specifications and electrical schematics with 5 foremen. Certified California general electrician with OSHA 30.

EXPERIENCE

Electrical Superintendent

01/2022 - Present

Capitol Valley Electrical Contractors

Sacramento, CA

Superintendent over field operations for a 400-person electrical contractor.

- Oversee 4 concurrent projects worth **$38M**, including a 6-story state office building and a data hall.
- Build master schedules and 3-week look-aheads, keeping 3 of 4 projects ahead of milestone dates.
- Manage RFIs, daily reports and change orders in Procore, recovering $1.1M in approved changes in 2025.
- Check installations against specifications and electrical schematics with 5 foremen before each inspection.

Electrical Foreman

04/2015 - 12/2021

Delta Pacific Electric

Stockton, CA

Foreman on schools, hospitals and solar projects across the Central Valley.

- Ran crews of 12-30 electricians on schools, hospitals and 3 utility-scale solar projects.
- Coordinated electrical construction with mechanical and drywall trades, cutting rework hours by 30%.
- Prepared weekly labor and material reports in Microsoft Office for the project manager.
- Enforced NEC and Cal/OSHA rules over 400,000 work hours with one recordable incident.

SKILLS

- **Electrical Construction**
- **Scheduling**
- **Procore**
- **NEC**
- **Electrical Schematics**
- **Specifications**
- **Change Orders**
- **Microsoft Office**
- **Leadership**
- **Communication Skills**

EDUCATION

Associate of Science

American River College

Electrical Technology

Sacramento, CA

05/2010

CERTIFICATES

General Electrician Certification

California Department of Industrial Relations

06/2012

OSHA 30-Hour Construction

OSHA Training Institute

02/2022