MEGAN KOWALSKI

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SUMMARY

Women's size 8 fit model with 5 years of fittings for apparel brands in Columbus, keeping body measurements within 1/4 inch of spec year-round. Gives clear fit feedback on comfort, drape and range of motion, and reads tech packs alongside technical designers and pattern makers during sample reviews.

SKILLS

- Fittings
- Fit Feedback
- Body Measurements
- Tech Packs
- Range of Motion Testing
- Sample Evaluation
- Garment Construction
- Communication
- Reliability

EXPERIENCE

Fit Model

Short North Apparel Group • Columbus, OH • 01/2023 - Present

In-house size 8 fit model for women's tops, bottoms and outerwear sold in 300 specialty stores and online.

- Stand in 20-30 fittings a week across 4 seasonal lines of women's tops, bottoms and outerwear.
- Report fit and comfort notes to technical designers, cutting sample rounds from 3 to **2** per style.
- Track body measurements weekly against the size 8 spec and log them for the product development team.
- Evaluate proto, size-set and production samples against tech packs before each line review with merchants.

Fit Model (Freelance)

Midwest Fit Models • Columbus, OH • 06/2021 - 12/2022

Agency fit model for regional apparel, activewear and uniform companies.

- Completed fittings for **6** apparel and uniform companies, often 3 clients in one day.
- Tested activewear and denim samples through squats, reaches and stair climbs for range of motion testing.
- Held measurements within 1/4 inch of spec for 18 months for 2 ongoing clients.
- Compared fit across 3 sample sizes in grading fittings, noting where proportions broke down for pattern makers.

Product Development Intern

Lakeshore Uniform Company • Cleveland, OH

05/2020 - 08/2020

Summer internship in the technical design team of a workwear and uniform maker.

- Measured **150+** uniform samples against tech pack specs and flagged out-of-tolerance points for the technical designer.
- Updated spec sheets and grade rules for 12 styles before each production handoff to overseas factories.
- Documented fit corrections with photos and pin notes during 3 weekly fit sessions with the pattern maker.

EDUCATION

Bachelor of Science

Kent State University • Kent, OH • 05/2021

Fashion Merchandising