

Patrick O'Neil

Head Athletic Trainer

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SUMMARY

Head Athletic Trainer with 13 years in collegiate sports medicine, the last 6 leading an NCAA Division II staff that serves 420 athletes. Owns policy, budget, emergency action plans and HIPAA and NCAA compliance, and built the department's team physician network. BOC-certified and registered in Colorado.

EXPERIENCE

Head Athletic Trainer

07/2020 - Present

Arkansas Valley University

Pueblo, CO

NCAA Division II athletics department with 16 varsity sports.

- Direct a staff of 4 athletic trainers and 3 graduate assistants covering 16 varsity sports.
- Manage a \$185,000 sports medicine budget, cutting supply costs by 15% through a regional purchasing agreement.
- Establish policies on concussion management, heat illness and emergency action plans, reviewed each year with the team physician.
- Implement an EMR for injury and treatment records, bringing HIPAA and NCAA documentation to 100% in annual audits.

Associate Athletic Trainer

07/2016 - 06/2020

Arkansas Valley University

Pueblo, CO

Primary athletic trainer for football.

- Provided primary coverage for a 110-athlete football roster, including travel to 11 games a season.
- Created an injury prevention program for football that lowered hamstring strains by 30% over 2 seasons.
- Coordinated weekly orthopedic and primary care clinics on campus with 3 team physicians.

Assistant Athletic Trainer

07/2013 - 06/2016

High Plains College

Hays, KS

NCAA Division II college with 12 varsity sports.

- Covered women's basketball and track, treating 50 athletes with rehabilitation and therapeutic modalities.
- Mentored 6 athletic training students during clinical rotations each semester.

SKILLS

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|----------------------------------|--------------------------|--------------------------|
| • Sports Medicine Administration | • Emergency Action Plans | • Rehabilitation |
| • Budget Management | • Concussion Management | • Therapeutic Modalities |
| • HIPAA | • Injury Prevention | |
| • NCAA Compliance | • EMR | |

EDUCATION

Master of Science

05/2013

University of Northern Colorado

Greeley, CO

Athletic Training

CERTIFICATES

Certified Athletic Trainer (ATC)

06/2013

Board of Certification for the Athletic Trainer

Colorado Athletic Trainer Registration

06/2016

Colorado Department of Regulatory Agencies

CPR/AED for the Professional Rescuer

07/2025

American Red Cross