GRACE NWOSU

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SUMMARY

Home Health Aide with 1.5 years of visits for a Medicare-certified agency, giving personal care to patients recovering from surgery, stroke and heart failure. Takes vital signs, reports changes in condition to the supervising nurse and handles meal preparation and light housekeeping. Holds a state HHA certificate, CPR and a valid driver's license.

SKILLS

- Vital Signs
- Personal Care
- Meal Preparation
- Light Housekeeping
- Patient Transfers
- Infection Control
- Companionship
- Emotional Support
- Communication
- Empathy

CERTIFICATES

Home Health Aide Certificate (75-hour)

Gulf Coast Medical Training Institute

02/2025

BLS CPR for Healthcare Providers

American Heart Association

01/2025

EXPERIENCE

Home Health Aide (HHA)

Bayou City Home Health Services • Houston, TX

03/2025 - Present

Medicare-certified home health agency with 300 active patients in Harris County.

- Complete **25** home visits a week for patients after hip replacement, stroke or heart failure hospital stays.
- Monitor and record vital signs at each visit, calling the case nurse within an hour about 12 abnormal readings.
- Perform bathing, dressing and safe transfers with gait belts, with no patient falls during any of 1,000+ visits.
- Engage isolated patients with companionship and emotional support, earning 4 written thank-you notes from families.

Patient Care Technician Student

Gulf Coast Medical Training Institute • Houston, TX

09/2024 - 02/2025

Clinical rotation in a 120-bed skilled nursing facility.

- Logged 80 clinical hours of personal care, feeding and repositioning for residents on a long-term care unit.
- Practiced infection control and hand hygiene steps checked by the clinical instructor on every shift.
- Charted intake and output for 8 residents per shift on paper flow sheets reviewed by the charge nurse.
- Learned light housekeeping and linen change routines that keep a patient room clean and safe.

EDUCATION

Certificate

Gulf Coast Medical Training Institute • Houston, TX

02/2025

Home Health Aide / Patient Care Technician