

Natalie Brooks

Home Health Occupational Therapist Assistant

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SUMMARY

Home health occupational therapist assistant with 7 years of OTA experience, the last 4 seeing 25 to 30 patients a week in their homes. Delivers ADL training, home safety evaluation follow-up and caregiver training, and writes visit notes in Homecare Homebase that meet Medicare guidelines. NBCOT certified, Pennsylvania licensed, with a clean driving record.

EDUCATION

Associate of Applied Science

05/2019

Community College of Allegheny County
Occupational Therapy Assistant

Pittsburgh, PA

EXPERIENCE

Home Health Occupational Therapist Assistant

09/2022 - Present

Three Rivers Home Health

Pittsburgh, PA

Medicare-certified home health agency covering Allegheny and Butler counties.

- Complete **25-30** home visits a week across 2 counties under plans of care set by the supervising OT.
- Deliver ADL training and energy conservation teaching for patients with COPD, heart failure and recent surgery.
- Identify durable medical equipment needs such as shower chairs and grab bars, placed in 120+ homes last year.
- Write same-day visit notes in Homecare Homebase, with zero notes returned in 2025 Medicare audits.

Certified Occupational Therapy Assistant

06/2019 - 08/2022

Allegheny Valley Skilled Nursing

Natrona Heights, PA

150-bed skilled nursing and rehab facility.

- Treated 12 residents a day with therapeutic exercise, transfer training and cognitive tasks.
- Ran a fall prevention program for long-term residents that cut monthly falls on one unit by 30%.
- Trained 50+ family caregivers on safe transfers before residents went home.
- Joined weekly care team meetings with nurses and the dietitian to update discharge plans.

Rehabilitation Aide

09/2017 - 05/2019

North Hills Outpatient Rehab

Wexford, PA

Part-time clinic job during the OTA program.

- Prepared equipment and rooms for 20+ patient visits per shift using infection control steps.
- Supported patients on exercise programs set by therapists and recorded each completed session.
- Organized the home exercise handout library of 60 sheets by diagnosis.

SKILLS

ADL Training • Home Safety Evaluation • Caregiver Training • Energy Conservation • Durable Medical Equipment
Fall Prevention • Medicare Guidelines • Homecare Homebase • Transfer Training • Time Management

CERTIFICATES

Certified Occupational Therapy Assistant (COTA)

National Board for Certification in Occupational Therapy (NBCOT)

07/2019

Occupational Therapy Assistant License

Pennsylvania State Board of Occupational Therapy Education and Licensure

08/2019

BLS Provider (CPR)

American Heart Association

04/2026