Monica Sullivan

Home Health Occupational Therapist

Home health occupational therapist with 5 years of experience, the last 3 treating adults at home after surgery, stroke and falls. Able to work independently across a 2-county territory, completes OASIS and home safety evaluations, and teaches adaptive techniques and equipment use that keep patients safely at home. Holds a valid driver's license and reliable car.

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Experience

Home Health Occupational Therapist

Three Rivers Home Health • Pittsburgh, PA • 09/2023 - Present

Field OT for a Medicare-certified agency covering 2 counties, seeing adults recovering from surgery, stroke and falls.

- Complete 28 to 32 home visits a week, including OASIS clinical assessment at start of care, recertification and discharge.
- Conduct home safety evaluations for 15 new patients a month, ordering grab bars, tub benches and other adaptive equipment.
- Train patients in adaptive techniques for bathing, dressing and meals, with **87%** staying home without readmission at 60 days.
- Coordinate care with nurses, PTs and physicians through the agency EMR, closing every visit note within 24 hours.

Occupational Therapist

Monongahela Senior Care Center • McKeesport, PA

06/2021 - 08/2023

OT in a 120-bed skilled nursing facility with long-term care and short-term rehab units.

- Delivered therapeutic interventions to 12 to 14 residents a day for ADL retraining, transfers, positioning and fall prevention.
- Developed individualized treatment plans for **300+** short-stay patients, 78% of whom were discharged home.
- Supervised 2 COTAs and 1 rehab aide, reviewing their notes and treatment updates every week.
- Cut resident falls on the long-term unit by 20% through a wheelchair seating and positioning program.

Level II Fieldwork Student

Steel Valley Home Care • Pittsburgh, PA • 01/2021 - 03/2021

Twelve-week home health placement under a licensed occupational therapist.

- Completed **70+** home visits with a supervising OTR on city and rural routes.
- Wrote home safety reports for 18 patients, with equipment advice for each home.
- Taught 10 patients energy conservation techniques after heart surgery.

Skills

OASIS
Home Safety Evaluations
Clinical Assessment
Individualized Treatment Plans
Adaptive Equipment
Adaptive Techniques
Therapeutic Interventions
ADL Retraining
Fall Prevention
Work Independently

Education

Master of Science

Duquesne University
Pittsburgh, PA
05/2021
Occupational Therapy

Certificates

Occupational Therapist License

Pennsylvania State Board of Occupational Therapy Education and Licensure
2021

Occupational Therapist, Registered (OTR)

NBCOT • 2021

BLS Provider (CPR)

American Heart Association
2025