Nicole Patterson

HOME HEALTH PHYSICAL THERAPIST ASSISTANT

Houston, TX (713) 555-0189 nicole.patterson@email.com linkedin.com/in/nicolepatterson

SUMMARY

Licensed physical therapist assistant with 4 years of experience, including 2.5 years in home health making 6 visits a day across north Houston. Works independently from PT plans of care, teaches therapeutic exercises and fall prevention to patients and caregivers, and finishes visit notes the same day.

SKILLS

Home Health • Therapeutic Exercises • Gait Training • Fall Prevention • Home Safety Assessments
Transfer Techniques • Vital Signs • Patient Education • Work Independently • Communication

EXPERIENCE

Home Health Physical Therapist Assistant 03/2024 - Present

Gulf Coast Home Health Partners Houston, TX

Medicare-certified home health agency covering north Houston and Spring.

- Complete **6** home visits a day, working independently from PT plans of care for post-hospital patients.
- Teach therapeutic exercises, gait training and transfer techniques to patients and caregivers at home.
- Run home safety assessments that led 40 households to add grab bars, lighting or remove loose rugs.
- Check vital signs at every visit and submit tablet visit notes within 24 hours, with 98% on time.

Physical Therapist Assistant 08/2022 - 02/2024

Bayou City Rehabilitation Hospital Houston, TX

40-bed inpatient rehabilitation hospital.

- Treated **10** patients a day after stroke, joint replacement and spinal surgery.
- Led gait training with walkers, canes and parallel bars toward each patient's discharge goals.
- Co-treated with occupational therapy for 3 complex patients a week to cut transfer time.
- Prepared patients and families for discharge home with written exercise and fall prevention plans.

EDUCATION

Associate of Applied Science 05/2022

Houston Community College Houston, TX

Physical Therapist Assistant

CERTIFICATES

Physical Therapist Assistant License 07/2022

Texas Board of Physical Therapy Examiners

Basic Life Support (BLS) Provider 02/2026

American Heart Association

Certified Exercise Expert for Aging Adults (CEEAA) 02/2025

Academy of Geriatric Physical Therapy