

Mateo Ruiz

Insulation Installer

✉ mateo.ruiz@email.com

☎ (208) 555-0145

📍 Boise, ID

🌐 linkedin.com/in/mateoruiz

SKILLS

Fiberglass Batts ●

Blown-In Insulation ●

Spray Foam Insulation ●

Air Sealing ●

Hand Tools ●

Blower-Door Tests ●

Respirator Use ●

Energy Code ●

Attention to Detail ●

Strong Work Ethic ●

EDUCATION

High School Diploma 05/2022

Nampa High School Nampa, ID

General Studies

CERTIFICATES

OSHA 10-Hour Construction

06/2023

OSHA Training Institute

**Spray Polyurethane Foam
Health and Safety Training**

07/2024

Center for the Polyurethanes
Industry

SUMMARY

Insulation installer with 3 years in new homes and retrofits across the Treasure Valley, working with fiberglass batts, blown-in insulation and spray foam insulation. Handles air sealing at top plates and penetrations to energy code and passes 97% of pre-drywall inspections on the first visit. Fit-tested for respirator use and OSHA 10 certified.

EXPERIENCE

Insulation Installer 05/2024 - Present

Treasure Valley Insulation Boise, ID

Installer for a 9-crew residential and light commercial insulation contractor.

- Install fiberglass batts in walls and ceilings for 4 to 5 new homes a week.
- Apply blown cellulose and loose-fill fiberglass in attics to R-49, checked against depth markers.
- Run the spray rig and heated hoses for open- and closed-cell foam in rim joists and crawlspaces.
- Complete air sealing at top plates, wire holes and can lights, with homes averaging 2.4 ACH50 on blower-door tests.

Insulation Helper 03/2023 - 04/2024

Gem State Energy Services Nampa, ID

Helper for a weatherization and attic retrofit company.

- Removed old attic insulation with a vacuum truck on 80 retrofit jobs.
- Cut and fit batts with hand tools around wiring, plumbing and odd framing.
- Prepared the blowing machine and hoses each morning, cutting setup time to 20 minutes.
- Logged job photos and R-values for utility rebate paperwork on 120 homes.