Rebecca Sutherland

Licensed Clinical Social Worker (LCSW)

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SKILLS

- Psychotherapy
- CBT
- Motivational Interviewing
- Treatment Planning
- Psychosocial Assessments
- Crisis Intervention
- Diagnosis
- HIPAA
- Case Management
- Confidentiality

EDUCATION

Master of Social Work 05/2019

University of Denver Denver, CO

Clinical Social Work

CERTIFICATES

Licensed Clinical Social Worker (LCSW)

09/2021

Colorado State Board of Social Work Examiners

SUMMARY

Licensed Clinical Social Worker with 7 years of outpatient therapy experience treating adults and adolescents for anxiety, depression, trauma and substance use. Uses CBT, motivational interviewing and measurable treatment planning, completes diagnosis and psychosocial assessments, and keeps HIPAA-compliant records with 98% of notes closed within 24 hours.

EXPERIENCE

Licensed Clinical Social Worker (LCSW)

06/2022 - Present

Front Range Counseling Group Denver, CO

Group outpatient practice with 14 clinicians.

- Manage a weekly caseload of **32** clients, delivering CBT and trauma-focused psychotherapy.
- Conduct psychosocial assessments and DSM-5 diagnosis for 8 new clients a month, writing measurable treatment goals.
- Maintain HIPAA-compliant records, closing 98% of progress notes within 24 hours and protecting client confidentiality.
- Respond to clients at risk with crisis intervention and safety planning, working alongside Denver mobile crisis teams.

Clinical Therapist

07/2019 - 05/2022

Mile High Recovery Center Aurora, CO

Intensive outpatient program for adults with substance use disorders.

- Ran **3** intensive outpatient groups a week for 12 adults in early recovery.
- Applied motivational interviewing in individual sessions, lifting program completion from 58% to 71%.
- Coordinated case management with probation officers, sober living homes and primary care for 25 clients.
- Earned full licensure in 2 years while carrying a full caseload under weekly clinical supervision.

MSW Intern

09/2018 - 04/2019

Cherry Creek Youth Counseling Denver, CO

- Counseled **14** adolescents a week on anxiety, school stress and family conflict.
- Co-facilitated a weekly coping skills group for 8 teens.
- Drafted intake summaries reviewed by the supervising LCSW.