Heather Lindqvist

Licensed Dental Hygienist

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Summary

Licensed dental hygienist with 4 years of clinical practice, now treating 8-9 patients a day at a Cleveland general practice after a year in community health. Provides dental prophylaxis, periodontal therapy under local anesthesia and oral cancer screening, and keeps Eaglesoft charts complete. Known for patient education that turns a routine cleaning into needed care.

Experience

Licensed Dental Hygienist

08/2023 - Present

Shaker Square Dental Group — Cleveland, OH

General practice with 3 dentists and 4 hygiene rooms.

- Perform dental prophylaxis and periodontal maintenance for **8-9** patients a day on a 60-minute schedule.
- Deliver periodontal therapy, including scaling and root planing under local anesthesia, for about 25 quadrants a month.
- Complete oral cancer screening and head and neck exams at every recall, referring 6 suspicious lesions for biopsy in 2025.
- Document perio charts, radiographs and treatment notes in Eaglesoft, scoring 100% on 2 internal chart audits.

Public Health Dental Hygienist

07/2022 - 07/2023

Cuyahoga Community Health Center — Cleveland, OH

Federally qualified health center serving uninsured and Medicaid patients.

- Applied sealants and fluoride varnish for about 300 children a year during school-based dental days.
- Exposed dental radiography for about 30 walk-in patients a week, many with no dental visit in 5+ years.
- Taught oral hygiene to about 60 adults a month in clinic visits and group sessions, using interpreters when needed.
- Assessed blood pressure and medical histories for about 40 diabetic and pregnant patients a week before each cleaning.

Dental Assistant (Part-Time)

06/2019 - 05/2022

Lakewood Dental Arts — Lakewood, OH

Part-time role at a 2-dentist office while in dental hygiene school.

- Provided chairside support for 2 dentists on evening shifts, about 10 patients each.
- Sterilized and packaged instruments for 5 operatories, with no failed spore test in 3 years.
- Confirmed next-day appointments by phone, keeping no-shows under 6%.

Education

Associate of Applied Science

05/2022

Cuyahoga Community College — Cleveland, OH

Dental Hygiene

Skills

- Dental Prophylaxis
- Periodontal Therapy
- Scaling and Root Planing
- Local Anesthesia
- Oral Cancer Screening
- Dental Radiography
- Sealants
- Eaglesoft
- Patient Education
- Communication Skills

Certificates

Dental Hygienist License

07/2022

Ohio State Dental Board

Local Anesthesia Certificate

07/2022

Ohio State Dental Board

BLS for Healthcare Providers

04/2026

American Heart Association