# Angela Morales

## Licensed Professional Counselor (LPC)

angela.morales@email.com ◆ (713) 555-0129 ◆ Houston, TX ◆ linkedin.com/in/angelamorales

## Summary

Licensed professional counselor in Texas with 5 years of psychotherapy for adults and couples in group practice and nonprofit settings. Sees 26 to 30 clients a week using CBT and EMDR, leads group counseling for grief and social anxiety, and keeps documentation and confidentiality to HIPAA and Texas board standards.

## Experience

### Licensed Professional Counselor (LPC)

Bayou City Counseling Group — Houston, TX — 06/2023 - Present

Group private practice with 14 therapists and in-network contracts with 6 insurers.

- Deliver psychotherapy to **28** adults and couples a week for anxiety, depression, trauma and life transitions.
- Apply EMDR and CBT with trauma clients, with 72% showing a meaningful PCL-5 drop by session 12.
- Lead 2 group counseling programs for grief and social anxiety, each running 8 weeks with 8 members.
- Complete intake assessments, treatment planning and progress notes within 24 hours of each visit.

### LPC Associate

Harris Gulf Family Services — Pasadena, TX — 07/2021 - 05/2023

Nonprofit counseling agency offering sliding-scale outpatient care.

- Counseled 25 clients a week, including Spanish-speaking families, under LPC-S supervision.
- Conducted case management for 15 clients a year who needed housing, food or legal aid.
- Facilitated a weekly group therapy session for women leaving domestic violence, averaging 9 members.
- Assessed suicide and violence risk at every intake and updated safety plans with the clinical director.

### Counseling Practicum Student

Northwest Houston Counseling Center — Houston, TX — 09/2020 - 05/2021

Graduate practicum at a community counseling clinic.

- Counseled 8 adult clients a week on anxiety, stress and adjustment issues.
- Presented 4 community workshops on stress management to 120 attendees.
- Recorded 150+ session notes reviewed weekly by a licensed supervisor.

## Education

### Master of Science

University of Houston-Clear Lake
Clinical Mental Health Counseling
Houston, TX
05/2021

## Skills

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| Psychotherapy | — | Group Counseling | — | Group Therapy | — | CBT |
| EMDR | — | Treatment Planning | — | Case Management | — | Documentation |
| HIPAA | — | Confidentiality | | | | |

## Certificates

### Licensed Professional Counselor (LPC)

Texas Behavioral Health Executive Council
06/2023

### EMDR Basic Training

EMDR Institute
03/2024