

# Valerie Johnson

## Maternal-Child Health Specialist

MPH-credentialed maternal-child health specialist and IBCLC with 10 years of experience designing and implementing evidence-based MCH programs that improve breastfeeding, maternal mental health, and infant nutrition outcomes at the population level. Managed a \$2.8M Title V MCH block grant program serving 3,200 pregnant and postpartum women annually in Baltimore City. Increased program-wide breastfeeding rates from 54% to 71% over 4 years through integrated home visiting, peer support, and clinical referral models.

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## Experience

### Maternal-Child Health Specialist

Jul 2018 - Present

Baltimore City Health Department

Baltimore, MD

Lead MCH specialist managing Title V-funded maternal and infant health programs serving 3,200 women annually.

- Manage \$2.8M Title V MCH block grant program serving 3,200 pregnant and postpartum women annually across 8 Baltimore City zip codes
- Increased program-wide breastfeeding rates from 54% to 71% over 4 years through integrated home visiting, WIC peer support, and clinical lactation referral models
- Supervise team of 12 community health workers, home visitors, and lactation peer counselors providing field-based MCH support
- Develop and deliver IBCLC clinical consultations for 30+ complex lactation cases monthly referred from home visiting program
- Lead MCH data analysis and annual Title V needs assessment, presenting findings to Baltimore City Council and Maryland DHMH for funding decisions

### MCH Program Coordinator / IBCLC

Aug 2014 - Jun 2018

Johns Hopkins Hospital

Baltimore, MD

MCH program coordinator and clinical IBCLC in hospital-based maternal-child health department.

- Coordinated MCH programming for high-risk postpartum families including home visiting, mental health referrals, and lactation support across a 120-bed maternity unit
- Provided IBCLC consultations to 20+ complex lactation cases weekly, including mothers with mental health diagnoses and infants with medical complications
- Designed and led 'Healthy Start Baltimore' community breastfeeding education initiative reaching 800+ families in first year
- Wrote and managed \$350,000 HRSA Healthy Start supplemental grant awarded to expand lactation peer support program

## Skills

MCH Program

Management

Title V Grant Management

IBCLC Clinical Practice

Home Visiting Program

Oversight

Community Health Worker

Supervision

MCH Data Analysis &

Reporting

Maternal Mental Health

Integration

Health Equity Program

Design

## Education

### Master of Public Health (MPH)

May 2013

Johns Hopkins Bloomberg School of Public Health

Baltimore, MD

Maternal and Child Health

GPA: 3.8

### Bachelor of Arts May 2011

University of Maryland

College Park, MD

Sociology

 Languages

English Native  
Spanish Conversational

 Certificates

**International Board  
Certified Lactation  
Consultant (IBCLC)**

2015

International Board of  
Lactation Consultant  
Examiners (IBLCE)

Gold-standard lactation  
credential

**Certified in Public  
Health (CPH)**

2014

National Board of Public  
Health Examiners

National board certification in  
public health

**Certified Home Visiting  
Specialist**

2017

National Home Visiting  
Resource Center

Specialist certification in  
evidence-based home visiting  
programs