

Daniel Okafor

MENTAL HEALTH CLINICIAN

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SUMMARY

Mental health clinician and Massachusetts LICSW with 5 years of psychotherapy and case management for adults with serious mental illness and co-occurring disorders. Manages a 35-client caseload in a community health center, leads crisis intervention for same-day referrals, and uses motivational interviewing alongside psychiatry and primary care.

SKILLS

- Psychotherapy
- Crisis Intervention
- Case Management
- Treatment Planning
- Motivational Interviewing
- Counseling
- Discharge Planning
- Excel
- Confidentiality
- Written and Verbal Communication Skills

EXPERIENCE

Mental Health Clinician

01/2023 - Present

Blackstone Valley Community Health

Worcester, MA

Community health center serving 18,000 patients with integrated behavioral health.

- Deliver weekly psychotherapy to a caseload of **35** adults with depression, bipolar disorder, PTSD and psychosis.
- Assess risk and lead crisis intervention for 4 to 6 same-day referrals a week from primary care.
- Apply motivational interviewing with clients in recovery, raising 90-day treatment retention from 58% to 71%.
- Track outcomes and session data in Excel for the monthly quality report to the behavioral health director.

Clinician, Community Support Program

06/2021 - 12/2022

Central Mass Community Services

Fitchburg, MA

Community-based mental health program for adults on MassHealth.

- Managed case management for 30 adults, connecting them to housing, benefits and psychiatric care.
- Completed comprehensive assessments and treatment planning for 7 new admissions a month.
- Coordinated discharge planning with 3 inpatient units, holding 30-day readmissions for program clients to 9%.
- Wrote progress notes within 48 hours with 99% billing compliance.

MSW Intern

09/2020 - 05/2021

Quinsigamond Family Services

Worcester, MA

Graduate field placement at a child and family counseling agency.

- Delivered family counseling to 9 children and their parents weekly under LICSW supervision.
- Conducted 15 home-based sessions focused on parenting and safety.
- Documented each session in the EHR within one business day, keeping records confidential.

EDUCATION

Master of Social Work

05/2021

Boston University

Boston, MA

Clinical Practice

CERTIFICATES

Licensed Independent Clinical Social Worker (LICSW)

Massachusetts Board of Registration of Social Workers

08/2023