

Olivia Bennett

Mental Health Rehabilitation Specialist

Mental Health Rehabilitation Specialist with 5 years in county-contracted adult mental health services, providing psychiatric rehabilitation, case management and crisis intervention to a caseload of 22 adults. Builds plans around housing, work and symptom management with motivational interviewing, documents Medi-Cal services accurately and works closely with psychiatrists and peer staff.



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Oakland, CA



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Experience

Mental Health Rehabilitation Specialist 02/2024 - Present

Bay East Community Wellness Oakland, CA

Full-service partnership program for adults with serious mental illness.

- Manage a caseload of **22** adults living with schizophrenia and bipolar disorder, meeting each one at least weekly.
- Develop rehabilitation plans with clients around housing, work and symptoms, helping 7 move into permanent housing in 2025.
- Respond to field crises with crisis intervention and safety planning, lowering caseload psychiatric ER visits by 30%.
- Document Medi-Cal billable services and progress notes in the county EHR within 24 hours, passing 2 chart audits.

Community Support Worker 08/2021 - 01/2024

East Bay Recovery Services Hayward, CA

Outpatient case management program for adults with serious mental illness.

- Coached 15 clients a week at home on budgeting, medication routines and transit skills.
- Linked clients to SSI, Medi-Cal and food benefits, completing about 40 applications a year.
- Facilitated a weekly Wellness Recovery Action Plan (WRAP) group for 8-10 adults.
- Applied motivational interviewing to move ambivalent clients toward treatment, raising kept psychiatry visits to 85%.



Certificates

Certified Psychiatric Rehabilitation Practitioner (CPRP)

09/2025

Psychiatric Rehabilitation Association

CPR and First Aid

American Red Cross

01/2025



Skills

Crisis Intervention

Psychiatric
Rehabilitation

Case Management

Safety Planning

Motivational
Interviewing

Progress Notes

Medi-Cal
Documentation

WRAP

Benefits Enrollment

Communication
Skills



Education

Bachelor of Arts

05/2021

California State
University, East Bay

Hayward, CA

Sociology