Grace Nakamura

MOBILE OPTOMETRIST

Sacramento, CA
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Certificates

California Optometrist License, TPA and Glaucoma Certified
California State Board of Optometry
08/2021

BLS for Healthcare Providers
American Heart Association
02/2026

Skills

Comprehensive Eye Exams
Portable Diagnostic Equipment
Geriatric Eye Care • Ocular Disease
Glaucoma • Cataracts
Macular Degeneration • EHR
Work Independently
Communication

Summary

Mobile Optometrist with 5 years of experience, including nearly 4 years of bedside eye care in long-term care facilities across the Sacramento region. Works independently with portable diagnostic equipment, manages ocular disease in older adults, and keeps residents, families and nursing staff informed after every visit.

Experience

Mobile Optometrist 01/2023 - Present
Golden Valley Mobile Eye Care Sacramento, CA
Traveling optometrist for nursing homes, assisted living and memory care facilities in a 4-county area.

- Maintain a route of **32** nursing homes and assisted living facilities and complete 14 bedside eye exams a day.
- Operate portable diagnostic equipment, including a handheld slit lamp, tonometer and retinal camera, in residents' rooms.
- Diagnose cataracts, glaucoma and macular degeneration in residents with dementia and arrange 90 surgical referrals a year.
- Coordinate eyeglass orders and deliveries with facility nurses, cutting turnaround from 3 weeks to 9 days.

Optometrist 07/2021 - 12/2022
Delta Community Eye Center Stockton, CA
Staff doctor at a community health center serving Medi-Cal and uninsured patients.

- Performed 18 comprehensive eye exams a day for children, working adults and seniors.
- Staffed a monthly school vision van that screened 1,400 students and supplied glasses to 310 children.
- Documented exams and diabetic retinal findings in the EHR and sent reports to primary care within 2 days.
- Managed 150 glaucoma patients with OCT and visual fields, cutting missed follow-ups by a third with reminder calls.

Optometry Extern 01/2021 - 04/2021
Valley Geriatric Eye Clinic Fresno, CA
Final-year rotation in a clinic serving skilled nursing and home-bound patients.

- Examined 220 older patients in clinic and at 6 skilled nursing facilities with portable equipment.
- Measured eye pressure and dilated fundus findings for 80 residents on glaucoma drops.
- Wrote care notes for facility nurses on drop schedules, glasses use and fall risk for each resident seen.

Education

Doctor of Optometry (OD) 05/2021
University of California, Berkeley, Herbert Wertheim School of Optometry
Berkeley, CA
Optometry