

# Tiffany Vargas

Monitor Technician Tampa, FL · (813) 555-0161 · tiffany.vargas@email.com · linkedin.com/in/tiffanyvargas

## SUMMARY

Monitor technician with 2 years of central telemetry monitoring for up to 48 patients at a time, backed by EKG technician certification and unit secretary experience. Strong in cardiac rhythm interpretation and interval measurement, with accurate charting, solid medical terminology and the ability to multitask on busy shifts.

## EXPERIENCE

**Monitor Technician** 10/2024 - Present

Bayshore Heart and Vascular Hospital Tampa, FL

Central monitoring station covering 3 telemetry units and 72 beds.

- Monitor cardiac rhythms for up to **48** patients at once across 2 telemetry units.
- Measure PR, QRS and QT intervals and post rhythm strips to each chart every 4 hours.
- Report lethal rhythms to nurses within 60 seconds, including 14 calls that started rapid responses in 2025.
- Track lead-off and low-battery alarms in an Excel log, cutting nuisance alarms 22% with the unit educators.

**Unit Secretary** 03/2023 - 09/2024

Gulf Gate Community Hospital Clearwater, FL

30-bed cardiac step-down unit.

- Entered 150+ physician orders a shift in the EHR, using correct medical terminology and order sets.
- Answered phones and call lights for the unit, routing about 100 calls a shift to nurses, techs and physicians.
- Prepared admission and discharge packets in Microsoft Office for 12 to 15 patients a day.
- Scheduled echocardiograms, stress tests and transports, keeping the daily test board current.

## SKILLS

- Telemetry
- Cardiac Rhythm Interpretation
- Interval Measurement
- EKG • Medical Terminology
- EHR • Microsoft Office
- Excel • Attention to Detail
- Multitask

## EDUCATION

**Certificate** 08/2024

Hillsborough Community College

Tampa, FL

EKG and Telemetry Technician

## CERTIFICATES

**Certified EKG Technician (CET)**

National Healthcareer Association

09/2024

**Basic Life Support (BLS)**

American Heart Association

11/2025