Hannah Kowalski

Nutrition Assistant

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SUMMARY

Nutrition assistant at a 320-bed hospital, taking patient menu orders and delivering 300+ trays a meal on therapeutic diets. Works in quantity food preparation and batch cooking, uses basic computer skills to enter diet orders, and follows food safety and sanitation rules on every patient floor.

EXPERIENCE

Nutrition Assistant

07/2025 - Present

Lakeshore Regional Medical Center

Milwaukee, WI

320-bed teaching hospital with room-service style patient dining from 6:30 a.m. to 7 p.m.

- Process menu orders by phone and bedside tablet for **90** patients a shift, with diet order entry checked against allergies.
- Deliver trays to 4 units within the 45-minute window using safe lifting techniques, scoring 92% on patient meal surveys.
- Produce soups, hot cereals and puréed meals in 20-gallon batches, using batch cooking recipes from the dietitians.
- Maintain sanitized carts, tray-line surfaces and floor pantries each shift, logging fridge temperatures for accreditation rounds.

Dietary Aide

08/2023 - 06/2025

Bay View Senior Living

Milwaukee, WI

Assisted living community with 85 residents and restaurant-style dining.

- Served **85** residents in the dining room, showing courtesy and patience to residents with hearing or memory loss.
- Plated puréed and mechanical soft meals to match the therapeutic diets on 30+ resident diet cards.
- Entered meal choices for every resident into the dining software each morning using basic computer skills.
- Washed dishes for 3 meals a day and closed the kitchen against the sanitation checklist.

SKILLS

- Quantity Food Preparation
- Batch Cooking
- Therapeutic Diets
- Diet Order Entry
- Food Safety
- Sanitation
- Basic Computer Skills
- Customer Service
- Lifting Techniques
- Courtesy

EDUCATION

High School Diploma

06/2023

Pulaski High School

Milwaukee, WI

CERTIFICATES

ServSafe Food Handler

07/2025

National Restaurant Association