Jordan Whitfield

OCCUPATIONAL THERAPIST - ACUTE CARE

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Summary

Acute care occupational therapist with 4 years in a Level I trauma center and a community hospital, treating ICU, neuro, cardiac and orthopedic patients. Leads early mobility and ADL assessment at the bedside, performs cognitive screening, and gives clear discharge planning recommendations in Epic and at daily interdisciplinary rounds.

Skills

Acute Care • Early Mobility • ADL Assessment • Cognitive Screening • MoCA • AM-PAC 6-Clicks • Discharge Planning • Safe Patient Handling • Adaptive Equipment • Epic

Experience

Occupational Therapist - Acute Care 05/2024 - Present

Cuyahoga Regional Medical Center Cleveland, OH

Acute care OT at a 700-bed Level I trauma center, covering the medical ICU and the cardiac and neuro step-down units.

- Evaluate 10 to 12 inpatients a day across ICU and step-down units, including patients on ventilators and multiple lines.
- Lead early mobility sessions with nursing and PT in the medical ICU, cutting ICU stay for program patients by **0.8** days.
- Assess cognition with the MoCA and score AM-PAC 6-Clicks, giving discharge planning advice within 24 hours of each order.
- Document every visit in Epic before end of shift and report patient status at 2 interdisciplinary rounds a day.

Occupational Therapist 07/2022 - 04/2024

Lake Erie Community Hospital Lorain, OH

OT for a 200-bed community hospital covering medical-surgical, orthopedic and oncology floors.

- Treated 9 to 11 patients a day after joint replacement, hip fracture, stroke and cancer surgery.
- Trained **200+** patients and families on hip precautions, adaptive equipment and safe patient handling for transfers.
- Started a delirium prevention routine with nursing on 2 floors, lowering restraint use by 25% in 6 months.
- Mentored 4 Level II fieldwork students from 2 local occupational therapy programs.

Level II Fieldwork Student 01/2022 - 03/2022

Shaker Heights Rehabilitation Hospital Shaker Heights, OH

Twelve-week inpatient rehab placement under a licensed occupational therapist.

- Treated a caseload of **8** inpatients with brain injury and amputations under OTR supervision.
- Ran 2 cooking and community skills groups a week on the rehab unit.
- Completed 15 bathroom and kitchen safety checks before patient discharges.

Education

Master of Occupational Therapy 05/2022

Cleveland State University Cleveland, OH

Occupational Therapy

Certificates

Occupational Therapist License 2022

Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board

Occupational Therapist, Registered (OTR) 2022

NBCOT

BLS Provider (CPR) 2025

American Heart Association