EMILY JOHNSON

Package Handler – Oversized Handling

emily.johnson2@gmail.com (555) 388-6619

Secaucus, NJ linkedin.com/in/emilyjohnson-ops

SUMMARY

Physical-stamina-focused Package Handler with 10+ years processing oversized freight (up to 150 lbs) at UPS and FedEx. Achieved a 99.5% accuracy rate on 500 oversized packages per day and raised daily production by 25% in 6 months. OSHA 10-certified and forklift-licensed with a perfect safety record across 5 years.

EXPERIENCE

Package Handler – Oversized Handling

UPS Jan 2018 – Present Secaucus, NJ

Process floor-loaded oversized parcels (70–150 lbs) on the heavy-freight dock, coordinating pallet jack and forklift operations for inbound and outbound loads.

- Sorted and scanned 500 oversized packages per day with a 99.5% accuracy rate, consistently meeting hub daily production targets
- Operated pallet jacks and sit-down forklifts to move 2,000-lb pallet loads, achieving a 25% increase in daily production within 6 months of joining the heavy-freight team
- Conducted daily safety inspections of material-handling equipment, contributing to a perfect 5-year safety record with zero OSHA-recordable incidents
- Mentored 4 new heavy-freight handlers on proper lifting mechanics and equipment operation, reducing musculoskeletal injury rate by 18%
- Collaborated with 6-person dock team to reduce average trailer turnaround time from 55 to 43 minutes

Package Handler

FedEx Jun 2015 – Dec 2017 Newark, NJ

Handled Ground and Freight parcels up to 150 lbs on induction and load lines.

- Processed 300 packages per day with a 98% accuracy rate, including floor-loaded oversized items averaging 80 lbs per unit
- Reduced package damage by 15% by collaborating with the team to implement a shared staging protocol for oversized freight
- Assisted in training 6 new employees on company procedures, safety protocols, and heavy-lift techniques

EDUCATION

Associate of Science

Los Angeles City College 2010 - 2012 Los Angeles, CA

Logistics and Supply Chain Management · GPA: 3.2

CERTIFICATES

Forklift/Powered Industrial Truck Operator

OSHA · 2016

Certified forklift operator including sit-down counterbalance and powered pallet jack per OSHA 29 CFR 1910.178

OSHA 10-Hour General Industry

OSHA · 2018

OSHA 10-hour certification covering hazard recognition, PPE, and emergency procedures

SKILLS

- Material Handling
- Package Scanning and Tracking
- Forklift Operation
- Team Collaboration
- Time Management
- Customer Service
- Safety Protocols
- Logistics and Supply Chain Management

LANGUAGES

English ●●●●●

Spanish ●●●○○

STRENGTHS

Attention to Detail

Proven ability to maintain high accuracy rates in fast-paced environments

Teamwork

Effective collaborator with a strong track record of working with teams to achieve production goals

Adaptability

Ability to adapt to changing production schedules and priorities

HOBBIES

Hiking

Reading

AWARDS

Package Handler of the Month

UPS · 2019

Awarded for outstanding performance and dedication to quality and efficiency

REFERENCES

John Smith, Supervisor

Supervisor john.smith@ups.com

Jane Doe, HR Manager

HR Manager jane.doe@fedex.com