

# Monica Chen

## Pediatric Lactation Specialist

IBCLC-certified pediatric lactation specialist with 8 years of experience embedded in high-volume pediatric primary care and specialty clinics. Expert in managing breastfeeding challenges in the context of common pediatric diagnoses including tongue-tie, colic, reflux, food protein-induced enterocolitis (FPIES), and failure to thrive. Achieved 94% resolution of presenting breastfeeding concerns within 2 visits across a caseload of 600+ pediatric patients annually at Seattle Children's.

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 Seattle, WA

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### Experience

#### **Pediatric Lactation Specialist (IBCLC)** Apr 2019 - Present **Seattle Children's Hospital** Seattle, WA

Embedded IBCLC lactation specialist in pediatric primary care and GI specialty clinic settings.

- Manage 600+ pediatric lactation cases annually in primary care and GI specialty clinic, achieving 94% resolution of presenting concerns within 2 visits
- Co-manage infants with FPIES, severe reflux, and galactosemia with pediatric GI team, developing specialized feeding plans that maintain breastfeeding for 78% of affected families
- Perform frenotomy post-procedure lactation assessment in collaboration with pediatric ENT team for 150+ tongue-tie patients annually, achieving 89% improved latch success rate at 2-week follow-up
- Develop and deliver pediatric resident training module on breastfeeding assessment, completed by 45+ residents annually
- Serve on Seattle Children's Breastfeeding Advisory Committee, contributing to hospital lactation policy updates and community referral pathway development

#### **IBCLC Lactation Consultant, Pediatric Outpatient**

Jul 2016 - Mar 2019

**Group Health Cooperative (Kaiser Permanente Washington)**  
Seattle, WA

Outpatient IBCLC providing pediatric-focused lactation services in a large integrated health system.

- Provided outpatient lactation consultations to 25+ patients weekly, maintaining 95% patient satisfaction scores across 3-year tenure
- Collaborated with pediatric teams to create breastfeeding management pathways for common diagnoses including tongue-tie, jaundice, and poor weight gain
- Facilitated monthly breastfeeding support group for 20+ nursing mothers with medically complex infants

### Skills

Pediatric Breastfeeding  
**Assessment**

Tongue-Tie Evaluation &  
**Post-Frenotomy Care**

FPIES & Food Allergy  
**Lactation Management**

Failure to Thrive Feeding  
**Plans**

Colic & Reflux  
Breastfeeding  
**Management**

**Pediatric GI Collaboration**

Resident & Provider  
**Education**

**Epic EHR Documentation**

### Education

**Bachelor of Science in  
Nursing**

May 2015

**University of Washington**  
Seattle, WA

**Nursing** GPA: 3.7

### Languages

**English** Native

**Mandarin Chinese**  
Conversational



## Certificates

### **International Board Certified Lactation Consultant (IBCLC)**

2017

International Board of  
Lactation Consultant  
Examiners (IBLCE)

Gold-standard lactation  
credential

### **Registered Nurse (RN)**

2015

Washington State  
Department of Health

Washington state nursing  
license

### **Certified Pediatric Nurse (CPN)**

2021

Pediatric Nursing  
Certification Board (PNCB)

Specialty pediatric nursing  
certification