Michael Sato

Pediatric Psychologist

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SUMMARY

Pediatric psychologist with 5 years in children's hospitals, providing inpatient consultation and outpatient care for youth with chronic illness, pain and procedural anxiety. Completes 20 consults a month, delivers CBT and adherence interventions, uses psychological assessment to guide care and works closely with medical teams and families.

EDUCATION

Doctor of Philosophy (PhD) 08/2021

Ohio University Athens, OH

Clinical Psychology

EXPERIENCE

Pediatric Psychologist 09/2022 - Present

Ohio Valley Children's Medical Center Cincinnati, OH

300-bed pediatric hospital with specialty clinics.

- Complete **20** inpatient consult-liaison visits a month for new diagnoses, pain, feeding problems and adjustment.
- Manage 25 outpatients in diabetes, GI and sickle cell clinics using CBT and adherence coaching.
- Implement PHQ-A and anxiety screening for 600 patients a year, fast-tracking 45 into therapy.
- Teach 12 pediatric residents a year on coping, pain management and delivering difficult news.

Postdoctoral Fellow in Pediatric Psychology 08/2021 - 08/2022

Lakeshore Children's Hospital Cleveland, OH

Fellowship in consultation-liaison and medical clinics.

- Provided **200** brief interventions for procedural anxiety and pain on hematology and oncology units.
- Completed psychological assessment of 30 transplant candidates for adherence and family readiness.
- Facilitated a coping group for parents of children newly diagnosed with type 1 diabetes, serving 40 families.
- Documented every consult in the EHR the same day with clear recommendations for the medical team.

Psychology Intern 07/2020 - 06/2021

Scioto Pediatric Health System Columbus, OH

Doctoral internship in pediatric psychology.

- Completed **3** pediatric rotations in consult-liaison, feeding disorders and outpatient anxiety.
- Delivered CBT for anxiety and OCD to 16 children and adolescents.
- Administered developmental testing for 12 infants and toddlers in an early intervention clinic.

SKILLS

Pediatric Psychology • Consult-Liaison • Psychological Assessment • CBT • Pain Management

Adherence Interventions • Developmental Testing • Chronic Illness • Procedural Anxiety • Communication Skills

CERTIFICATES

Licensed Psychologist

State of Ohio Board of Psychology

10/2022