

Rachel Abernathy

PERINATAL SONOGRAPHER

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Summary

Perinatal sonographer with 4 years of OB scanning, registered RDMS in OB/GYN and abdomen with nuchal translucency certification. Performs detailed fetal anatomy surveys, fetal echocardiography screening, umbilical artery Doppler and cervical length exams for a high-risk practice, and delivers hard news to families with compassion.

Skills

Obstetric Ultrasound • Fetal Anatomy Surveys • Nuchal Translucency • Fetal Echocardiography • Umbilical Artery Doppler
Biophysical Profiles • Cervical Length • Amniocentesis • Fetal Biometry • Compassion

Experience

Perinatal Sonographer

01/2024 - Present

Lake Nona Maternal-Fetal Medicine

Orlando, FL

High-risk maternal-fetal medicine practice with 5 MFM physicians.

- Perform **10** high-risk OB exams a day, including detailed fetal anatomy surveys, growth studies and biophysical profiles.
- Measure nuchal translucency on 40 first-trimester screens a month, staying within FMF quality audit limits.
- Capture fetal heart outflow tracts and 3-vessel views, referring 18 suspected anomalies to pediatric cardiology in 2025.
- Guide needles with continuous ultrasound for 6 amniocentesis cases a month and record needle passes in the report.

Sonographer

07/2022 - 12/2023

Winter Park Women's Imaging

Winter Park, FL

Women's imaging center offering OB, gynecologic and breast ultrasound.

- Examined 14 OB and gynecologic patients a day, including dating, anatomy, transvaginal and cervical length exams.
- Documented fetal biometry and placental location in the reporting system, with zero missed reports in 18 months.
- Assessed umbilical artery Doppler on 15 growth-restriction follow-ups a week for referring obstetricians.
- Informed expectant parents of each step and arranged physician follow-up for abnormal findings.

Medical Assistant

01/2019 - 12/2020

Baldwin Park Women's Care

Orlando, FL

OB/GYN practice with 4 physicians.

- Processed 32 prenatal and gynecology visits a day, recording vitals, weights and urine dips.
- Collected Pap and culture specimens with providers and tracked results for 150 patients a month.
- Coordinated ultrasound and MFM referrals, booking 25 a week and confirming insurance coverage.

Education

Associate of Science

05/2022

Valencia College

Orlando, FL

Diagnostic Medical Sonography

Certificates

Registered Diagnostic Medical Sonographer (RDMS) - OB/GYN

American Registry for Diagnostic Medical Sonography (ARDMS)

08/2022

Registered Diagnostic Medical Sonographer (RDMS) - Abdomen

American Registry for Diagnostic Medical Sonography (ARDMS)

04/2023

Nuchal Translucency Certification

Fetal Medicine Foundation

03/2024