Alyssa Moreno

Physical Therapy Aide

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SUMMARY

Physical therapy aide with 1 year in a busy outpatient orthopedic clinic that sees 70 patients a day, plus a B.S. in exercise science. Sets up therapeutic exercise, hot and cold packs and electrical stimulation under PT direction, and brings steady patient care, medical terminology and customer service to every shift.

SKILLS

Patient Care • Medical Terminology • Electrical Stimulation • Hot and Cold Packs • Therapeutic Exercise
Infection Control • EMR Scheduling • Confidentiality • Customer Service • Communication Skills

EXPERIENCE

Physical Therapy Aide 06/2025 - Present

Bayshore Physical Therapy & Sports Rehab Tampa, FL

Outpatient orthopedic clinic with 5 physical therapists and 2 PTAs.

- Set up **70** treatments a day, including hot and cold packs and electrical stimulation pads.
- Guide patients through therapeutic exercise sets and home exercise sheets prescribed by the therapist.
- Maintain infection control by wiping down 12 treatment tables and shared equipment between sessions.
- Arrange 25 follow-up visits a shift in the EMR and protect patient confidentiality at the front desk.

Front Desk Associate (Part-Time) 08/2022 - 05/2025

Westshore Family Fitness Tampa, FL

Community gym with 3,000 members.

- Checked in **200+** members a shift and resolved billing and membership questions on the spot.
- Sold 8 personal training packages a month by explaining program options to new members.
- Reported broken machines to the manager within the hour, keeping 60 machines in service.
- Supported member safety with CPR readiness and a daily walk-through of the training floor.

EDUCATION

Bachelor of Science 05/2025

University of South Florida Tampa, FL

Exercise Science

CERTIFICATES

Basic Life Support (BLS) Provider

American Heart Association

05/2025

ACE Certified Personal Trainer

American Council on Exercise

08/2025