Aisha Rahman

Physician

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SUMMARY

Board-certified internal medicine physician with 4 years of attending practice in post-acute and long-term care, covering 110 patients across 4 skilled nursing facilities. Focused on medication management, safe transitions of care and clear EMR documentation, with sound clinical judgment and pharmacology knowledge for frail, complex patients.

EXPERIENCE

Physician

08/2022 - Present

Northstar Post-Acute Medical Group — Minneapolis, MN

Physician group covering 9 skilled nursing and long-term care facilities in the Twin Cities.

- Manage a census of **110** short-stay and long-term residents across 4 skilled nursing facilities.
- Cut average daily medications per long-term resident from 14 to 10 through quarterly deprescribing reviews with pharmacists.
- Complete admission history and physicals within 48 hours, with EMR notes passing 100% of compliance audits.
- Lead weekly interdisciplinary care conferences with nursing, therapy and social work, lowering 30-day readmissions from 21% to 15%.

Internal Medicine Resident

07/2019 - 06/2022

Riverbend University Medical Center — Minneapolis, MN

Categorical internal medicine residency at a 650-bed academic medical center.

- Managed 10 to 14 inpatients a day on general medicine wards and up to 6 in the ICU.
- Ran a weekly continuity clinic for 80 primary care patients over 3 years.
- Completed a quality project on fall-risk drugs that cut sedative orders for patients over 75 by 28%.
- Taught 12 medical students a year on ward rounds and bedside exam skills.

SKILLS

- **Medication Management**
- **Pharmacology**
- **Deprescribing**
- **Transitions of Care**
- **Interdisciplinary Care**
- **Geriatric Medicine**
- **EMR**
- **Patient Confidentiality**
- **Clinical Judgment**
- **Communication Skills**

EDUCATION

Doctor of Medicine (MD)

University of Minnesota Medical School

Medicine

Minneapolis, MN

05/2019

CERTIFICATES

Board Certified, Internal Medicine

American Board of Internal Medicine

08/2022

Minnesota Medical License

Minnesota Board of Medical Practice

06/2022

DEA Registration

U.S. Drug Enforcement Administration

07/2022